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Ice Cube qualifies his stance
now that he's playing a cop
again in 22 Jump
Street **PAGE 16**

FROM DEGRASSI TO 90210 TO STYLE SCENE

ACTRESS SHENAE GRIMES
MAKING A SPLASH IN THE
FASHION INDUSTRY **PAGE 18**

ALERT makes record-breaking \$9M drug bust

Five arrests. Shipment
of pot, heroin, hash was
making stops en route
to Toronto, cops believe



LEAH
GERMAIN

leah.germain@metronews.ca

Edmonton law enforcement
made Western Canada's largest
drug bust last week after
confiscating almost \$9 million
worth of marijuana, heroin
and hashish.

With help from border
security, the Alberta Law
Enforcement Response Team
(ALERT) confiscated 292 kilos
of marijuana, 14.1 kilos of
heroin and six kilos of hashish
on June 4 in Edmonton and at
the airport.

Following a five-month
investigation, ALERT arrested



Nearly \$9 million worth of heroin,
marijuana and hashish were
confiscated. LEAH GERMAIN/METRO

three Edmonton men at a
west-end storage facility while
confiscating 95 kilos of mari-
juana and six kilos of hashish.

Dustin Stone, 24, Samuel
Hutsulak, 24, and Douglas
Dach, 51, are facing numerous
drug-related charges.

While scoping out the
scene, ALERT noticed a tractor-
trailer heading south and
was able to notify Canada Border
Services Agency about a
potential shipment.

Thanks to the lead, CBSA
intercepted the trailer and its
two male drivers at its commercial
facility at the Edmonton
International Airport.

Upon inspection, officers
discovered 197 kilos of marijuana
and 14 bricks of heroin,
worth roughly \$5.64 million.

Barry Grindrod, 55, and
Kodie Grindrod, 21, of Chilliwack,
B.C., were arrested.

"This is an example of being
in the right place at the
right time," said ALERT Insp.
Darcy Strang.

The drugs are believed to
come from overseas, Strang
said.

"Our investigation suggests
the shipment originated in
Vancouver, made a stop in
Calgary before arriving in
Edmonton and the transport
truck was scheduled to stop in
Regina and Winnipeg with a
final destination of Toronto,"
Strang explained.

WORLD CUP HEATS UP

The whole planet has its eye on the ball as World Cup 2014 kicks off in Brazil. Coverage, pages 6, 12, 43
and 44. GETTY IMAGES; PHOTO ILLUSTRATION BY DAVID VAN DYKE/METRO

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Autonomy

City wants more power from province

Edmonton is asking the province to stop being the over-protective parent to big cities and give them more power and more autonomy in the new municipal government act.

City councillors finalized Edmonton's submission on the act on Tuesday. The act sets out the rules for all municipalities, but Mayor Don Iveson said it's past time the province recognized big cities are different than small towns and summer villages.

"We asked for authorities that we think, on our scale and with our level of governance, we can be trusted with," he said.

The changes the city is looking for include new tax powers or other forms of revenue, more control over assessment and the ability to make changes to their governance structure.

Even though the provincial government has said no to the suggestion of more tax powers for cities in the past, Iveson said it's essential the government take a look at big city revenue.

"We're not going to build globally competitive cities with eight cents of the property tax dollar and a smattering of grants and user fees," he said.

Ryan Heise of Municipal Affairs said the government welcomes all suggestions on the new bill. He said the process of rewriting the bill will be a long one and a new bill isn't expected until 2018.

"This was really the first big step in moving forward and redrafting a new piece of legislation," he said.

RYAN TUMILTY/METRO



A refrigerator with food is shown in a handout photo provided by court in Edmonton. Even though his fridge was filled with food, a man was sentenced to 15 years in prison for neglecting and starving his twin daughters, one of whom died. THE CANADIAN PRESS/CONTRIBUTED

Man gets 15 years in twins abuse case

'Crimes of inhumanity.' Father will likely be deported once sentence complete

A judge has sentenced a man to 15 years in prison for neglecting and starving his young twin daughters to the point where one of them died in hospital.

The father had pleaded guilty earlier this year to manslaughter and other charges, including aggravated assault and failing to provide the necessities of life.

The man, who cannot be

named, is getting three years of credit for time already served.

A court in Edmonton heard that although the father didn't physically injure the two-year-old girls, he stood by and watched as they were beaten and deprived of food.

He and his wife immigrated from Algeria in 2008 and the twins and their older brother were all born in Canada.

"(He) has lost his children, his marriage and his prospect of a new life in Canada, but this was by his own hand and he must pay a steep price," Court of Queen's Bench Justice Sheila Greckol said Wednesday.

"These are crimes of inhumanity against small children."

Greckol said the man is likely to be deported once he completes his sentence.

The man's wife still faces charges, including second-degree murder, but no trial date has been set. Court heard the couple's four-year-old boy was healthy when police arrested the parents in 2012 and the family's fridge and kitchen were stocked with food.

The surviving twin and her brother were placed in foster care after their parents were arrested and have since been adopted. Court heard the girl who survived was so emaciated she couldn't stand up on her own. She is recovering with therapy.

THE CANADIAN PRESS

Troubling facts

- The twin who did not live, known as M, weighed 13 pounds when she was found by paramedics.
- Doctors have detailed that both twins were deprived of food over a long period of time. They were covered in bruises and had old fractures that had started to heal. An autopsy showed M died of a head injury, combined with starvation.

1 NEWS




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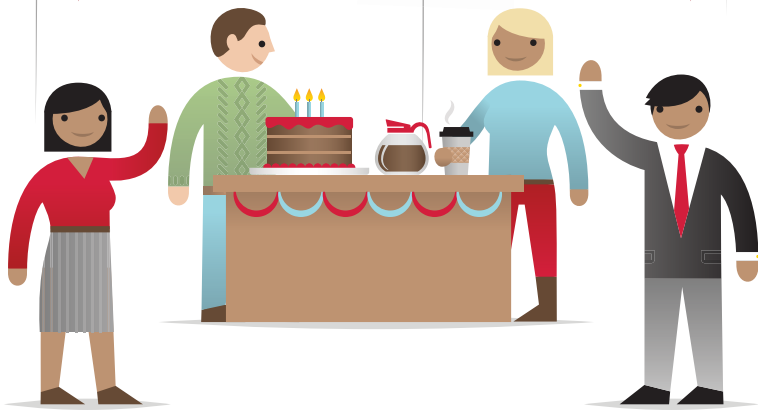
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The Varscona Theatre's renovation project is set to begin in 2015, with the theatre reopening in the spring of 2016.
RYAN TUMILTY/METRO

Theatre set for major overhaul

Rezoning on agenda.
Public meeting about proposed changes at former firehouse takes place Thursday night



RYAN
TUMILTY
Metro in Edmonton

The Varscona Theatre's massive facelift will take another step forward Thursday night with a public meeting about the proposed changes.

With the theatre hoping to start construction early in

2015, proposed rezoning that will allow the building to expand to the sidewalk will be up for discussion.

Davina Stewart, the theatre's communications director, said the overhaul won't dramatically increase the size of the theatre, but will make more room for a bigger lobby and other spaces.

She said generally the Varscona needs major repairs because the decades-old former firehouse is starting to show its age.

"It's not a very sound building for our weather. We have a lot of gaps and holes, and lots of leakage," she said. "When it rains, we know on stage."

She said the theatre is in near-constant use, which makes it difficult to do some of the necessary repairs.

The theatre has \$5.9 million pledged between the provincial, federal and municipal governments to the \$7.1-million project. Stewart said once the rezoning issue is cleared they will be able to move forward with raising the additional money needed.

"We have hired a fund development officer to help us," she said.

Stewart said the theatre would likely close late in 2014 and they are almost ready to announce the space they will be using during construction.

Attempted murder

Arrest made in 2002 case

RCMP in Fort McMurray have made an arrest in a 12-year-old robbery and attempted murder case.

Jack William Kramer, 51, was arrested in Innisfail on Tuesday and charged with robbery, attempted murder and wearing a disguise with the intent of committing an offence.

Police were first called in January 2002 after a man approached an employee at the city's downtown bottle depot.

The victim was stabbed and left with life-threatening injuries. **METRO**

Mink Lake. Mother charged in drowning of son, 3, last summer

An Edmonton mother has been charged following the drowning of her son last summer.

According to Spruce Grove/Stony Plain RCMP, three-year-old Traeh Stewart drowned at Mink Lake, southwest of Stony Plain, on June 30, 2013.

After an investigation of almost a year, Carmen Gaye Stewart, 42, has been charged with criminal negligence causing death and failing to provide the necessities of life. She appears in court on July 23. **METRO**



Traeh Stewart, 3, drowned on June 30, 2013. CONTRIBUTED

New funding for sexual violence victims

Increasing access in rural areas. \$5M was announced for support services and shelters

One of Edmonton's leaders in supporting victims of sexual assault will be guaranteed new funds as the province announces \$5 million for support

services and women's shelters Wednesday.

The Sexual Assault Centre of Edmonton (SACE) is just one Alberta agency that will receive a portion of \$2 million earmarked by the province to support victims of sexual assault.

Human Services Minister Manmeet Bhullar said the new funding would be added to existing funding, leading to \$4 million in support annually.

The money will be given to sexual assault centres across the province to shorten wait lists and increase staff numbers for more access in rural and remote areas. The province has also slated \$3 million to support 70 new beds for the province's women's emergency shelters. The funding will be used by first-stage women's shelters to create more space for women in transition.

An additional \$1 million will be used at the shelter level for staff salary and benefits.

Deb Tomlinson of the Association of Alberta Sexual Assault Services said sexual violence affects every Albertan.

"One in three girls and one in six boys will experience some form of sexual violence or exploitation before the age of 18," she explained.

LEAH GERMAIN/METRO



Minister of Human Services Manmeet Bhullar. LEAH GERMAIN/METRO

Challenge. Got a bike? Leave your car at home for distances less than 15 km



Danika McDonald (pictured) is asking Edmontonians to opt for their bike when it comes to 15 km trips near their homes. CONTRIBUTED

Getting Edmontonians to ditch their cars and hop on their bike seats is all part of an informal challenge hosted by one woman trying to get active.

With the city embarking on a series of consultations on bike routes starting next week, Danika McDonald wanted to keep the much-debated subject front and centre.

"It's been a point of contention between cyclists and drivers and I would like to see that eased," she said.

The cycling challenge — which started June 1 — encourages people to use a bike every time they have a trek that's 15 kilometres or less.

Since then, she's lost five pounds and has received countless messages from friends who have opted for two wheels instead of four.

Using her bike to and from work downtown every day, McDonald has come to realize the importance of getting proper bike infrastructure in the city that protects cyclists and drivers alike.

"We need bike lanes because we need to make the commute easier for everyone," she said.

The challenge runs until the end of August and can be found on her Clumsy Fit girl blog.

STEPHANIE DUBOIS/METRO

Highest honour. EPL first in Canada to be recognized as 2014 Library of the Year

Edmonton Public Library has been crowned the 2014 Library of the Year, as announced Wednesday.

The local library was chosen by Library Journal magazine and Gale, which selected a library for its service to the community, creativity and innovation in developing specific community programs or a dramatic increase in library usage.

This is the highest honour that can be bestowed upon

a library, and the first time a library outside of the U.S. has received the award.

"We are thrilled to be named 2014 Library of the Year," said Linda Cook, CEO of EPL, in a news release.

"The significance of not only being named Library of the Year, but being the first Canadian library to receive this recognition means a great deal to everyone at EPL," she said.

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Slow Internet might delay social media at World Cup

Brazilian levels.

Fans not deterred by prospect of limited cell phone service



STEPHANIE DUBOIS

stephanie.dubois@metronews.ca

Edmontonians heading to the 2014 FIFA World Cup say the predicted slow Internet and cell service in Brazil isn't enough to deter these soccer fans from trying to keep up with games on and off the field.

Dropped calls are common in the country and accessing the Internet could prove to be an issue as millions of visitors come for the tournament.

"World Cup visitors won't be able to communicate the way they want to," said Christopher Gaffney, a visiting professor at

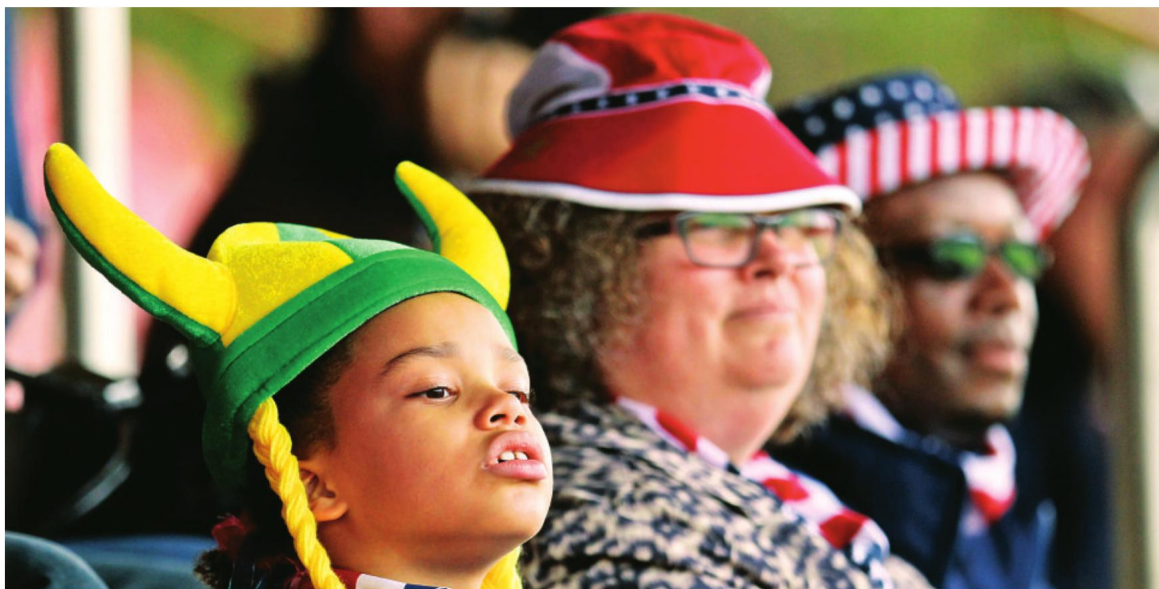
Rio de Janeiro's Federal Fluminense University whose research focuses on Brazil's preparations for the World Cup and Olympics. "Instagram, Twitter, social media will not function at world-class levels but at Brazilian levels, so people visiting Brazil will experience the frustrations we face every day."

Lindsay-Anne Freire, communications Coordinator with Alberta Soccer Association has no problem logging off social media for her travels.

"I use Twitter and Instagram but for me, I'm not going there for work," she said.

Enjoying the games in person is what Simon Farbrother looks forward to the most, but limited cell service is a piece missing.

"It's about the complete package of the experience. Social media is a part of that and if it's not available, that's a part missing," he said.



Spectators watch the United States work out at the Sao Paulo F.C. training centre in Sao Paulo, Brazil, Wednesday. JULIO CORTEZ/THE ASSOCIATED PRESS

City to facilitate online pet licences even further



Edmonton's Animal Care and Control Centre takes in animals from throughout the city. LEAH GERMAIN/METRO

Easy access to pet licensing services is the key to having more Edmonton animals registered, said the city's animal control authority.

With as many as one-third of Edmonton households owning a pet, the city officials estimate only 35 per cent of cats and 65 per cent of dogs are officially registered.

According to Animal Care and Control data, there has been a 1.5 to 3 per cent growth each year in the number of li-

censed animals since 2008.

A big part of encouraging residents to license their pets comes down to making the process simple, said Animal Services supervisor Stefan Exner.

By offering pet licensing services through the city's online eServices portal, Exner said officials are looking to simplify the process even further.

"This is intended to make sure, if there is an opportunity, to get that address and keep it current," Exner said. "In the

long run, eServices is going to be your one stop shop for doing business with the city online."

The website was launched in April and is currently being updated to respond to users feedback, Exner continued.

"We're always making sure that (users) have an opportunity to make sure (their) information is current and corrected as needed, which then helps us get animals home faster when we have up-to-date information," he said. LEAH GERMAIN/METRO

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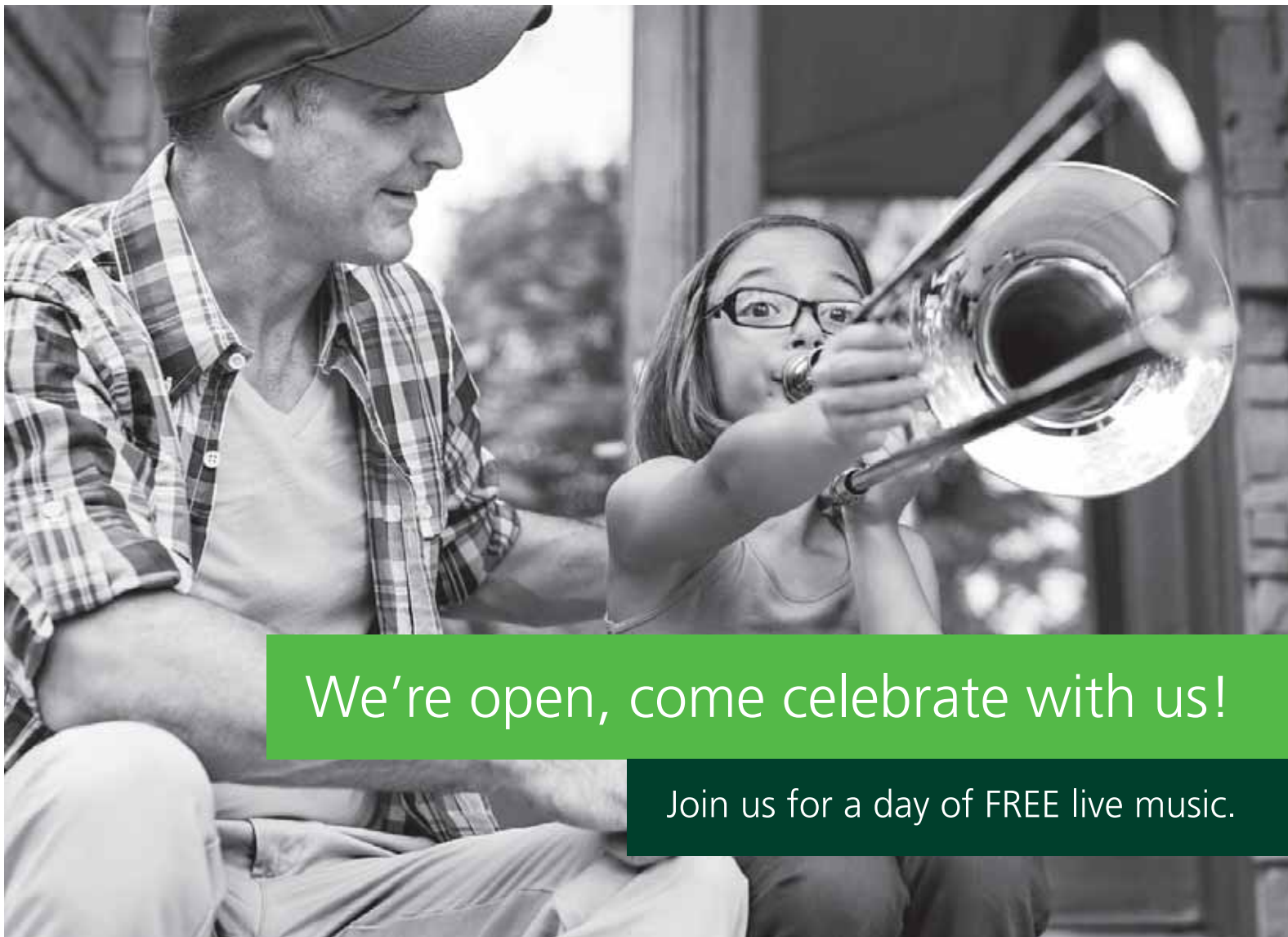
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Crew of strippers drugged men to run up credit cards: Cops

Undercover investigation. NYPD allege women devised scheme to take men for at least \$200,000

A crew of New York City women who worked as strippers allegedly scammed wealthy men by spiking their drinks with illegal synthetic drugs, then driving them to strip clubs that ran up tens of thousands of dollars on their credit cards while they were too dazed to stop it, authorities said Wednesday.

None of the men were identified by name in court papers.

U.S. Drug Enforcement Administration and New York Police Department investigators arrested four women — all described as professional strippers — earlier this week on charges including grand larceny, assault and forgery.

One of the women was expected to appear in court in Manhattan on Wednesday following appearances Tuesday by the other three, including suspected ringleader Samantha Barbash.

Barbash's attorney, Stephen Murphy, said Wednesday that his client denies the charge, and declined further comment.

New York

Feds sue health-care firm that forced employees to say, 'I love you'

A U.S. federal agency says a health-care firm forced employees to join prayer circles, thank God for having jobs and say "I love you" to co-workers and managers.

The U.S. Equal Employment Opportunity Commission filed a discrimination lawsuit Wednesday against United Health Programs of America and its parent company, Cost Containment Group.

The agency says employees who objected were disciplined or terminated. It is asking a judge to stop the practices and ensure employees receive back pay and other compensation.

THE ASSOCIATED PRESS



Samantha Barbash, centre, is escorted by law enforcement officers following her arrest in New York on June 9. DEA/THE ASSOCIATED PRESS

The men reported waking up in their cars or in hotel rooms with little or no memory of the encounters. Those who tried to dispute the strip club bills received texts from the strippers threatening to go public with their transgressions, authorities said.

THE ASSOCIATED PRESS

New Jersey. Driver pleads not guilty in accident that injured Tracy Morgan

A truck driver pleaded not guilty Wednesday in the fatal New Jersey Turnpike crash that also injured comedian Tracy Morgan, as investigators look into what role his long commute to work played in the accident.

Walmart driver Kevin Roper lived in Georgia, but his job was based in Delaware, National Transport Safety Board spokeswoman Kelly Nantel said.

A criminal complaint alleges Roper hadn't slept for more than 24 hours when he allegedly swerved to avoid slowed traffic and plowed into Morgan's limo on Saturday.

Walmart said it believes he was in compliance with federal safety regulations.

A conviction on a death by auto charge carries a five- to 10-year prison sentence. Each



Tracy Morgan THE ASSOCIATED PRESS FILE

assault by auto charge is punishable by up to 18 months in prison.

Morgan suffered a broken femur, a broken nose and several broken ribs. His friend and fellow comedian James McNair was killed. THE ASSOCIATED PRESS



In this Dec. 25, 2011, file photo, Egyptian prominent blogger Alaa Abdel-Fattah, centre, stands with his mother, Laila Soueif, and his sister Ahdaf Soueif, left, after his release, in Cairo, Egypt. AMR HAFEZ/THE ASSOCIATED PRESS FILE

Activist gets 15 years in prison

Egypt. Sentence comes in light of government crackdown on rights won in 2011 uprising

An Egyptian court convicted a prominent activist from the 2011 uprising of organizing an unauthorized protest and assaulting a policeman, sentencing him on Wednesday to 15 years in prison, in the latest blow to liberal activists at a time of rapidly eroding freedoms.

The sentence against Alaa

Quoted

"This law ... will not move Egypt's democratic transition forward."

U.S. State Department spokeswoman Jen Psaki on Egypt's protest law

Abdel-Fattah is the toughest against any of the secular activists behind the 18-day uprising that ended Hosni Mubarak's 29-year reign.

It is also the first conviction of a prominent activist since Abdel-Fattah el-Sissi took office as president on Sunday.

In the 11 months since el-Sissi ousted the country's first freely elected president, the Muslim Brotherhood's Mohammed Morsi, authorities have launched a massive crackdown on Islamists, detaining at least 16,000. Secular activists opposed to what they see as the revival of the police state have also been detained.

Security officials said that while Abdel-Fattah was convicted and sentenced in absentia, he did turn up at the Cairo courtroom later on Wednesday. The absentia sentencing means that he now faces an automatic retrial. **THE ASSOCIATED PRESS**

Oregon

Shooting victim was 'a good kid'

They stopped in fire lanes, on medians. The loved ones of the children at Reynolds High School in the Portland, Oregon, suburb of Troutdale knew that a student was shot to death.

Details spilled out in fits and starts on Tuesday. The shooting started in a gym. A 14-year-old boy named Emilio Hoffman was fatally shot in the boys' locker-room. Physical education teacher Todd Rispler also was in the gym and was grazed by a bullet.

Hoffman, who died, was the only teenage boy in his house, said Savannah Venegas, who dated him a year ago, "so (his mother) was very protective of him."

"He was such a good kid, a quiet kid," Venegas said.

THE ASSOCIATED PRESS

South Korea. Police raid church in search of man with ties to ferry disaster

Thousands of South Korean police officers stormed a sprawling church compound Wednesday in their hunt for a fugitive billionaire businessman over April's ferry sinking that left more than 300 people dead or missing, officials said.

Authorities believe the businessman, Yoo Byung-eun, owns the ship and that his alleged corruption may have contributed to the sinking. Police have been after Yoo for weeks and are offering a \$500,000 reward for tips about him.

Yoo, 73, is a member of a group called the Evangelical Baptist Church, which critics say is a cult.

About 5,000 police officers, some wearing helmets and armed with plastic shields, raided the group's compound



Police arrest an Evangelical Baptist Church believer in South Korea.

SHIN JUN-HEE/YONHAP/THE ASSOCIATED PRESS

in Anseong, just south of Seoul, officers said on condition of anonymity, citing department policy. Five church members were detained.

THE ASSOCIATED PRESS

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f t i u

Air Canada denies claims it gouged officers flying to Moncton funerals

Online claims. Airline fights back against social media rumours, says it offered discounts, free charter flights to police 'travelling to pay their respects' to slain RCMP

Air Canada pushed back Wednesday at its critics on social media, who complained the company gouged RCMP and other law enforcement officers flying to the Moncton funerals of three slain Mounties.

The airline says it offered a 30 per cent discount on commercial fares to the RCMP to distribute to its people travelling to the funeral, added an extra Toronto-Moncton commercial flight to increase capacity, and put on two free charter flights from Toronto



RCMP officers march in the funeral procession on their way to the regimental funeral for three slain RCMP officers in Moncton, N.B., Tuesday. Air Canada pushed back Wednesday at critics who complained the company gouged RCMP and other law enforcement officers flying to the funerals. MARC GRANDMAISON/THE CANADIAN PRESS

and Ottawa to Moncton.

The service costs of those charters were donated by employees and the fuel cost donated by "a partner," says Air

Canada, which at first said it was reluctant to shift focus off the Moncton tragedy but was facing inaccurate information spreading online.

One commenter posted on Facebook page that the airline charged "\$725 one-way" in contrast to lower fares of \$195-\$295 later in the week,

but "could have flown those officers for free and never come close to affecting their bottom line."

"This is a disgrace ...

Shame on Air Canada," they added.

Peter Fitzpatrick, a spokesman for the airline, told Torstar Wednesday there was a range of low fares from \$295 and up available to officers travelling to Moncton. He said the fares compared favourably to Air Canada's competitors, adding a bus costs \$185 from Moncton to Toronto.

The airline's flights, even before the Moncton funerals, were already booked at record high rates of 80 per cent, he said.

On Tuesday, Fitzpatrick said, Air Canada operated two charter flights with Airbus A319 aircraft — which seat up to 156 passengers — from Toronto and Ottawa to Moncton, N.B. "to accommodate law enforcement officers travelling to pay their respects to their colleagues who recently lost their lives in the line of duty."

TORSTAR NEWS SERVICE

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Family says milkshake sent their boy to ER

'Enough is enough.'

Ottawa-area man wants to know what was in his son's beverage, but McDonald's won't share its internal findings



TREVOR GREENWAY
Metro in Ottawa

A Gatineau, Que., family wants to find out what was in their five-year-old son's McDonald's milkshake, which they allege made the boy's tongue burn, his stomach ache and may have led to him being unable to gain weight.

Jon Hansen says he has been fighting with McDonald's for almost a year to release a report that he says proves a compound was added to the chocolate shake.

McDonald's Canada spokesperson Jason Patuano said the company launched an internal investigation and



Pierce Hansen, 6, and his parents Jon Hansen and Jennifer Cameron say a McDonald's milkshake Pierce drank last summer was contaminated.
TREVOR GREENWAY/METRO IN OTTAWA

tested the affected milkshake through an independent lab. He said the results were inconclusive, but would not share the report with Metro.

The dispute started July 22 last year when Hansen and his family went to the drive-thru at a McDonald's to get french fries and milkshakes. The English-speaking family said they

were ridiculed for not speaking French, and when they got their order, Hansen said the fries "had been stomped on" and his young son said his milkshake "tasted funny."

"He said it was peppermint. He didn't mean it was sweet like peppermint, he meant it burned his mouth," said Hansen.

The family brought their child to hospital and was advised to call poison control. Hansen was told to monitor his son and to return to emergency if his condition worsened.

Hansen says his son's tastes have changed and he has been unable to gain weight over the last year. He worries future complications may come up, and without knowing what was in the shake, doctors can't fully assess what, if any, damage has been done.

"Enough is enough. We want to know the truth — it's as simple as that," said Hansen. "The next time it happens, maybe a child dies."



'Sacred' Lac-Mégantic statue returns to base after a year

Auto body shop owner Gilles Perron looks at the restored statue of the Sacred Heart, Wednesday in Lac-Mégantic, Que. The statue, usually sitting in front of the Ste-Agnes church, was damaged by the towering flames during last July's train derailment that killed 47 people. The statue will be replaced on its base in time for the first-year anniversary events. PAUL CHIASSON/THE CANADIAN PRESS

Danny

Slain Mountie's police dog will get a new partner

Danny, the RCMP police dog whose partner was killed in last week's shooting rampage, will eventually be teamed up with another handler.

The Mounties say once a new partner is chosen, Danny will spend time bonding with that officer before returning to the RCMP Police Dog Service Training Centre in Innisfail, Alta., for a three-week test.

The RCMP say they've received many inquiries from the media and members of the public about Danny's future following the death of Const. Dave Ross.

THE CANADIAN PRESS



Const. Dave Ross's dog Danny during the funeral procession on Tuesday. THE CANADIAN PRESS

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TABLE IS SET FOR SOCCER FEAST

The wait is over. The day soccer fans have been anxiously waiting for is finally here. The 2014 FIFA World Cup kicks off today and to get you in the game, Metro has you covered with the latest from Brazil.

Paraplegic in exoskeleton gets first kick

The first kick at the World Cup opening ceremony will be made by a paraplegic wearing an Iron Man-like robotic bodysuit controlled by signals from the brain.

Brazilian doctor Miguel Nicolelis led a team of 156 scientists from around the world to create the futuristic exoskeleton, which was designed to enable paralysis victims to walk.

At the World Cup opening ceremony Thursday in Sao Paulo, a paraplegic whose identity has been kept secret will leave behind his or her wheelchair to take to the pitch in the suit and give the tournament's first kick.

Electronic circuits in the device's "feet" will send a return signal to the user via an artificial skin worn on the arm, conveying the sensation of movement and contact.

"Doing a demonstration in a stadium is something very much outside our routine in robotics. It's never been done before," said Nicolelis, a neuroscientist at Duke University.

His voice contains a mix of exhaustion and excitement, the result of 30 years' work, more than 200 scientific pa-



Scientists at work at Miguel Nicolelis' lab in Sao Paulo.
BIGBONSAI+LENTEVIVAFILMES/AFP

pers and countless clinical tests that are nearing a spectacular summit.

Nicolelis said the idea for the suit came to him in 2002, when scientists were just beginning to explore robotic exoskeletons. "In 2009, after we learned Brazil was hosting the World Cup, they asked me for ideas to show Brazil in a different way than the world usually sees it. That's when I suggested doing a scientific demonstration to teach people that Brazil is investing and has human potential to do things beyond football," he said. **AFP**

Controversy

Scientist dismisses criticism

Some scientists have criticized Miguel Nicolelis for ditching academic publications in favour of mass media — he posts research updates on Facebook — and the anonymity of the lab for the spotlight of the World Cup stage.

Critics have also questioned the practicality of his research and accused him of hogging an unfair

share of the Brazilian government's research budget.

Nicolelis rejects that criticism. "The funding is the same with or without the World Cup. We've received \$14 million from the Brazilian government over the last two years. That's approximately four or five times less than what the United States government invests in a mechanical arm," he said.

"I don't see anything wrong with demonstrating a technology for the whole world that has a humanitarian objective," he added.

AFP



Belgian fans' cup runneth over with World Cup hopes

Soccer fans from Belgium pose for a photo with a replica of the World Cup trophy on Copacabana beach in Rio de Janeiro, Brazil, Wednesday. The World Cup soccer tournament starts today. **SILVIA IZQUIERDO/THE ASSOCIATED PRESS**

FIFA taking fans behind the scenes via Instagram

World Cup organizers have arrived on the photo-sharing platform just ahead of the opening match. The FIFAWorldCup Instagram account promises to show fans exclusive images from behind the scenes at the 12 Brazilian host stadiums.

The new Instagram account is just one way fans can follow the progress of the world's largest soccer competition online. There is also FIFA.com, which will be updated in real time with the latest scores and news from the event.

Twitter users are encouraged to tweet messages and photos on their experience with the hashtags #myworldcup or #CM2014. And soccer buffs can also click like on the official World Cup Facebook page. **AFP**

Neymar, Rooney and Ronaldo get Nike-designed 3D duffle bags

Nike has designed its first 3D-printed sports bag as the World Cup gets ready for kick-off in Brazil Thursday.

Only three of the limited-edition "Nike Football Reben-to" duffle bags have been

nylon "flex" webbing.

The upper section of the bag fits into the base without the need for glue or adhesive.

The bag was designed with matching shin guards created using 3D-printing techniques for maximum impact protection.

The Mercurial FlyLite Guard

uses a webbed shock system instead of the traditional foam to keep the design lightweight.

It will be available to purchase from nike.com from July 1. **AFP**



Nike Football Reben-to duffle bag.
COURTESY NIKE FOOTBALL

Apple gets touch of Soccer Fever at its app store

Just in time for the opening ceremony of the 2014 FIFA World Cup, Apple has curated a set of apps, books and more focusing on the beautiful game and on Brazil itself.

Called Football Fever in every country in the world other than the U.S., where it's been called Soccer Fever instead, the section should not only simplify app discovery but help iPhone- and iPad-owning football fans download titles with confidence as they're all from official partners, blue-chip developers or FIFA itself.

In all there are 20 apps and 14 football-themed games, but the new section also includes the best of football music, the best-selling football books, plus football films and documentaries. **AFP**

Legal mash-up over Tennessee whiskey still sour

Hitting a sour note.

Liquor companies at odds over the legal definition of the popular stiff drink from the South

To many, Tennessee means whiskey. But inside the state, the question is: What does Tennessee whiskey mean?

A battle between two worldwide liquor companies — owners of meag-brand Jack Daniel's and smaller rival George Dickel — is being waged over who has the right to label their drink as following authentic Tennessee style. It's among the epicurean battles being waged around the world over what

food and drink should carry special status as local and unique.

London-based liquor conglomerate Diageo PLC opened a heated legislative fight earlier this year seeking to overturn the state's newly established legal definition for Tennessee whiskey that has been

championed by Jack Daniel's, which is owned by Louisville, Kentucky-based Brown-Forman Corp. Among the new rules are requirements that whiskey must be aged in new, charred oak barrels in Tennessee and filtered through maple charcoal prior to aging.

THE ASSOCIATED PRESS

Market Minute



DOLLAR
92.02¢
(+0.31¢)

Natural gas: \$4.53 US (-\$0.01)
Dow Jones: 16,843.88 (-102.04)



TSX
14,892.13 (-12.25)



OIL
\$104.40 US (+\$0.05)



GOLD
\$1,261.20 US (+\$1.10)

Lululemon. More negative energy as founder speaks out against board directors

Shareholders of Lululemon Athletica Inc. re-elected the two directors that company founder Chip Wilson voted against for not aligning with the company's "core values of product and innovation."

Chairman Michael Casey, a former Starbucks executive who recently replaced Wilson in the role, and director RoAnn Costin, a private equity executive, kept their positions at the annual meeting Wednesday in Vancouver.

Wilson announced earlier in the day that he decided to vote against them, saying he believed a change was needed at the board level to increase shareholder value.

"While I am excited about

the new management team that I helped put in place, I am concerned that the board is not aligned with the core values of product and innovation on which Lululemon was founded and on which the company thrived," he said in a statement before the meeting.

Wilson is Lululemon's largest shareholder with a 27-per-cent stake.

He said his vote against the two directors sends a signal to the financial community that Lululemon must address the board member issue if the company is to recover. However, the majority of shareholders didn't agree with him, and neither did the company's 13 officers and directors. THE CANADIAN PRESS

Ketchup to cars

Ford, Heinz aim to spin tomato skins into auto parts

Ford Motor Co. and the H.J. Heinz Co., the Pittsburgh-based ketchup maker, are teaming up on research to turn tomato skins into auto parts.

According to a news release, scientists at both companies believe they can use tomato fibres to manufacture composite materials used for wiring brackets, or storage bins in cars instead of petroleum-based plastics.

Ford says it teamed up with several companies to speed up attempts to create a "a 100 per cent plant-based plastic to be used to make everything from fabric to packaging."

THE ASSOCIATED PRESS



Bring back crystalline fructose and sugar mix, please!

Fans of Vitaminwater are demanding that parent company Coca-Cola drop a new formula that uses stevia, a low-calorie sweetener known for its metallic aftertaste. Coca-Cola Co. changed the formula for its full-calorie Vitaminwater in May, and the new bottles have been hitting shelves nationwide ever since. Previously, the drinks were sweetened with a mix of crystalline fructose and sugar. Now they are sweetened with a mix of sugar and stevia, a natural sweetener companies use to reduce the sugar content in drinks. The new Vitaminwater still has the same 120 calories per bottle, however. The change has prompted fans of the drink to inundate Vitaminwater's Facebook page with complaints about the taste, and demands that the company bring back the old formula. PHOTO: SCOTT OLSON/GETTY IMAGES; TEXT: THE ASSOCIATED PRESS

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GREAT GIFTS FOR THE SATISFACTORY DAD

It's time for Father's Day, that magical time when necktie-company execs celebrate their big annual windfall.

Big Neckwear invented the holiday as a means of selling men's accessories, and they're the only ones who benefit. Everyone else just gets enough ties to start a new soccer league.

When I was a kid, "picking out a gift" on Father's Day meant choosing a necktie shade or, if I was really throwing caution to the wind, a pattern.

This seems especially ridiculous now, because my dad's not really a tie guy. When I was growing up, his tastes were more in the range of his black T-shirt with silver lettering that said "Disco Dad." Maybe the repeating-saxophone-pattern tie I picked out one year would have worked, but I never saw them worn together.

And so today I hope to make up for my disappointing



HE SAYS
John Mazerolle
metronews.ca

childhood by offering this special gift guide for dads of any taste and inclination. (My dad's inclination, incidentally, is usually about 30 degrees, sleeping with his head on the armrest of the couch.)

Dad's Day Gift Guide: Just wait until your father gets home

* For a new twist on an old classic, your dad will love a "Satisfactory Father" mug. Your father values honesty and integrity, and that "World's Best Dad" mug lacks credibility.

* Remember that gender-specific gifts are now passé, even offensive. Your father can be whatever he wants to be, so why not favour him with that **negligee** you've been eyeing and watch a Father's Day reaction you'll never forget?

* If your dad is more conservative than that, you could always **buy his vote**. A cool \$100 ought to do it, and then that Animal Alliance Environment Voters Party of Canada candidate in your riding will be one vote closer to victory.

* Two words: **Barbecue apron**. Your father will be so ecstatic you didn't get him a tie that he'll barely notice this is the second most clichéd gift possible, and maybe the only gift even easier to find than a tie.

* Want to get something more personal? Consider a **handmade spare drawer**. Filled with blank tax and medical forms, rubber bands, nails, obsolete computer cables, and keys to locks that might no longer exist, the spare drawer is something every father needs to not need.

Hope that helps! Pick up one of these gifts today or you'll be forced to sprint to the mall for a last-minute gift. Tie goes to the runner.

ZOOM

It's pandamonium!



At the beach under Tsing Ma Bridge in Hong Kong, 1,600 pandas made from recycled paper are put on display in an effort to encourage people to protect endangered animals. The work has already been shown in other cities including Berlin, Paris and Taipei. ALL PHOTOS GETTY IMAGES

Playful art, serious theme

"Environmental conservation is a serious theme, but we express it in an entertaining way. We choose pandas, which are loved by people worldwide, to start with, and later, we can do more to protect other species."

French artist Paulo Grangeon

By the numbers



1,600

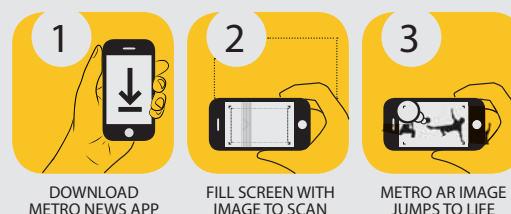
Number of papier-mâché pandas on display in Hong Kong — but more significantly, this is the number of giant pandas still alive in the wild, according to the WWF.

Why so few of these cuties?

- **Sex.** Females are only in heat 1 to 3 days a year.
- **Size.** A newborn is 1/900th the size of the mother, making it very weak.
- **Maturity.** A female panda does not reach full sexual maturity until she is 7.5.
- **Shrinking habitat.** The species is now restricted to 20-odd isolated patches of forest mountains in China.

METRO AUGMENTED REALITY

SEE THE NEWS COME ALIVE...



In this issue, you can find AR enhancements on page 16 i Scene and page 42 in Sports

To see pages from Metro spring to life, simply download or update the Metro News app available from your device's app store and follow these three easy steps:

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2. Hold your device over any image that has the AR logo near it. Make sure you wait for the green scanning bar to read the image!
3. Voilà! You should see the AR in action — like a video, slide show or mobile content experience. You can even move your phone away from the page and interact with the content directly on your device.



MetroTube

Rumble with the bumble



ANDREW FIFIELD
andrew.fifield@metronews.ca

There are a couple of nice takeaways in this little homespun video of a bumblebee coming to the aid of a hive-mate snared by a spider.

One: Bumblebees may look like the Sea Kings of the insect world, but goodness, they're remarkably swift and agile when they take flight. **Two:** Look at this beautiful technique! Shot in landscape, artfully framed by the windowsill. And narrated by what could be a young David Attenborough. Applause, sir. (Via Functional Electric/YouTube)



THE CANADIAN PRESS FILE

Last chance for a “hair”sterical time at Mayfield Dinner Theatre

Hairspray. Star Stephanie Pitsiladis brings Tracy Turnblad to Edmonton



JENNIFER LARAWAY
Jennifer Laraway
edmonton@metronews.ca

When the Mayfield Dinner Theatre moved to its new location in the DoubleTree by Hilton hotel, artistic director Van Wilmott knew he wanted to give Edmontonians a theatre season to remember. It didn't seem to faze him that the set for the production he had in mind might not physically fit in the venue. All he knew was that he had to lock down a certain star performer.

“My first call was to Stephanie Pitsiladis. Before I even booked the show, I needed to know she was available to play Tracy Turnblad,” he says, confident the rest of the details would fall into place. As it turns out, Wilmott was right.

Pitsiladis was the first Canadian to play the lead role in the iconic *Hairspray* production 10 years ago. Her introduction to the stage started with a lucky break. “At first I was the standby and was thrown on stage after the lead



Stephanie Pitsiladis plays Tracy Turnblad in Mayfield Dinner Theatre's presentation of *Hairspray*. COURTESY ED ELLIS

got sick. I had never done it with set, costumes, people, or props. It was kind of like being shot out of cannon. It was terrifying. The first time I performed the role was in front of 2,000 people and it was a \$14-million show.”

After that, there wasn't anything Pitsiladis couldn't handle when it came to playing the over-the-top Tracy Turnblad. “Now that I've done

the role so many times, it's easy to prep. I just go into the dressing room, get the hair ready for the wig and make-up to transform into Tracy. My prep is almost therapeutic in a way, it's very calming.”

After a decade of playing Turnblad, Pitsiladis loves the character more than ever. She says, “Tracy is a very genuine character, so you can't be afraid to be real with her.

A lot of people perform her quirky, which is fine, but I think the secret is to be genuine and honest. I'm like her in so many ways, which is easy, but scary because you are putting yourself out there, too. But that's how you get the audience to connect to a very important story of an underdog who doesn't get why people don't see her the way she does.”

Check it out

Final shows play this weekend until June 15.

- Tickets range from \$75-\$105 and include a meal.
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Scan this image with your Metro News app for a clip of Ice Cube in 22 Jump Street



Ice Cube says Hollywood is "obsessed with the lives of law enforcement and military." CONTRIBUTED

F— tha Police? Nah, Ice Cube likes playing captain

22 Jump Street. The star knows people have low expectations of sequels, but swears this movie's 'as fun as the first one'



NED EHRBAR
Metro World News in Hollywood

Ice Cube, who played the patience-tested captain in charge of Channing Tatum and Jonah Hill in 21 Jump Street, is back and grumpier than ever in 22 Jump Street, a sequel well aware of itself. The former N.W.A rapper fills us in on the new film and the awkward legacy of F— tha Police.

What did you think when you saw how much more you'd be doing in this one compared to the first one?
I liked it, you know? I think people love Capt. Dickson. He talks as much s— as possible, and everybody's with it. It was cool just to get the tone right and to do a movie that people dig that's fun — as fun as the first one. People respond to

it. I think our greatest asset is low expectations.

I would think after the success of the first one, expectations would be pretty high.

Yeah, but people in the back of their minds don't think we could get the sequel as good as the first one. It's not easy to include the audience without taking them out of the story, but [directors Phil Lord and Chris Miller] do a great job of letting people know that we're making a cheesecake out of a cheesy idea.

Are you taking any lessons here as you go into planning a sequel for Ride Along?

Yeah, you know, I'm a vet at doing sequels, but they're hit-and-miss. I think the real page you need to take away from it is to make sure you do a new movie that can stand on its own two feet and not a movie that's borrowing off the first movie, because that's when you get lazy and you run into trouble.

Some people took the success of Ride Along as a surprise. How did you feel about that?

You know, that's cool. I love to be underestimated. It gives

me a leg up to get underestimated.

And to surpass expectations, it's all glory. So I don't mind it. People have been putting me short my whole life.

I always go above and beyond to make it happen.

How often do people ask about the irony of you playing a cop, since you got your start with F— tha Police? And how tired are you of getting that question?

They actually happen every interview, and I'm not tired of it. If you really know what I'm talking about in the music, you know I'm talking about dirty cops, I'm talking about corrupt cops, I'm talking about cops who abuse their authority.

I'm not talking about the cops that come and save your grandmother when she's getting mugged. So to think I hate all cops is crazy. And I'm in Hollywood.

They're obsessed with the lives of law enforcement and military, so if I'm doing movies — especially over 20 years — it's more than likely I'm going to end up playing something like that. It's make believe, anyway.



Ben Affleck ALL PHOTOS GETTY IMAGES

Is Ben Affleck taking a gamble on his marriage?

Ben Affleck's casino habit is apparently driving an even bigger wedge between him and wife Jennifer Garner, who reportedly scuttled plans to spend the summer in Michigan with Affleck while he films Batman vs. Superman: Dawn of Justice, according to Star magazine.

"Jen cancelled her trip. She just doesn't want to be Ben's enabler or babysitter," a source says. "She's completely distraught over Ben's problems. It's a never-ending roller coaster." And that roller

coaster has apparently been continuing at casinos in Detroit and across the border in Ontario, where Affleck has been spotted looking dishevelled and distraught, betting \$5,000 at a time at the tables.

"Ben has a compulsive personality," another source adds. "Once he starts gambling, he can't stop and he stays up all night, betting thousands, then sleeps all day, which infuriates Jen. Jen needs to ask for help from someone — and soon."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Lea's potential new beau may have a steamy alter ego

MELINDA TAUB

Metro World News

Matthew Paetz, Lea Michele's rumoured new boyfriend, is very handsome. So handsome that he may have turned pro.

Sources say Paetz and Michele are dating, but they haven't exactly been spotted snuggling on the red carpet. One possible reason they're keeping the relationship quiet: Paetz used to be a male escort named Christian, according to TMZ.

TMZ has screenshots of "Christian's" profile on Cowboys4Angels, an escort service that provides male companionship to ladies. According to his profile, Christian is a certified life coach, dating specialist and massage therapist. His companionship was available for \$350 per hour, \$6,000 for a weekend, or \$17,500 for the whole week.

That's not to say Lea Michele is a client — she reportedly met Paetz on



the set of her music video. Sources say he hasn't been taking on clients since April.

Look. I feel bad even writing about this. When a celebrity is maybe dating a prostitute, one obviously must write it up, but 1) Michele hasn't confirmed that she's dating Paetz; 2) We don't know for sure that Paetz and Christian are one and the same (though the resemblance is striking); and 3) Who cares? Everyone's had an embarrassing job or two. I once got fired from a pirate-themed nightclub. Lea Michele, your boyfriend is fine.

Twitter



@RuPaul

Quick Reminder: Breathe, laugh, repeat



@KevinHart4real

Just touched down in ATL....I slept with my mouth open for the entire flight...I have developed a smell in my mouth that should be banned



@ConanOBrien

Reality Check: I was around in 1973 and saw absolutely no signs of X-Men from the future.



Anna Kendrick

Anna Kendrick admits that her dating game isn't top-notch

It's hard out there for Anna Kendrick. The Pitch Perfect star, who split from director Edgar Wright last year, says that she hasn't been hit on since she made Up in the Air five years ago. "Honest to God," she

insists to Elle magazine.

Kendrick has kept a fairly low profile, dating-wise, since her breakup. "When I was a teenager, I was an ultra-late bloomer, and my mom would say it was a blessing because it means you never have to wonder if guys are only interested in you because you've got boobs," she tells the magazine. "I would have been thrilled if guys were interested in me because of my boobs!"

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3
LIFEPLUS
HOMES

Finding foundation in fashion

Shanae's all that.

Canadian actress, blogger and personality Shanae Grimes talks foot phobias, makeup-after-marriage and her beauty brand collaboration



ELIZABETH
BEDDALL
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Perhaps you know her best from *Degrassi: The Next Generation*, or from playing the role of Annie in the reboot of *90210*, but Shanae Grimes has become a force to be reckoned with in the fashion industry of late. She recently chatted with Metro about her move onto the style scene, most recently highlighted by her signing on as the brand ambassador of Annabelle Cosmetics.

I'm sure you've been approached to team with other product lines in the past. So why does Annabelle feel like the right fit for you?

First and foremost, they're Canadian. It's always nice to have an excuse to get back to my roots. I think what they've done for the industry in Canada is very impressive. And as



In addition to being the new face of Annabelle Cosmetics, Grimes just announced that she and her husband are launching an accessories and clothing brand as an extension of their lifestyle blog twohalvesblog.com PROVIDED

for the brand's esthetic — it's definitely the most 'me,' which I guess is why they were excited about me and I'm equally excited about them.

What's one word that describes both Annabelle Cos-

metics and Shanae Grimes?

I think edgy. My style has always been sort of rock 'n' roll glam and I can't think of a better way to describe the brand as well.

You've been in the public eye for a while now. If you were to scold your former self for one beauty choice you've made, what would it be for?

Using self-tanners. It's scary. I mean living in L.A. they have airbrush tan artists that mix the colours and do an incredible job. As far as self-tanner out of a bottle — or the kind of spray tan that Ross gets in *Friends* — we've all had those horrible experiences. I would avoid that.

It's ironic that you've been paired with a cosmetics brand when *People Magazine* named you one of the most beautiful people without makeup in 2009. So what can Annabelle do for someone who doesn't even need to use cosmetics?

For me it's always my eyes. My husband always says, which he should, that he prefers me without makeup. My eyes are what I always play up. I feel if I wear really heavy skin product, it just makes my skin worse. I always play up the drama in the eye area and reshape them to make my features look better.

Peeper priority

"My eyes are what I always play up. I feel if I wear really heavy skin product, it just makes my skin worse. I always play up the drama in the eye area and reshape them to make my features look better."

Shanae Grimes

Speaking of your hubby, do you feel your beauty routine has changed in any way since settling down with a partner?

Not really. I mean, if I'm running to the grocery store I don't feel pressure to be Kardashian-perfect all the time because he is all for that natural look. It's just given me a little bit more confidence.

You've partnered with a cosmetics brand — but is there a clothing line you would kill to be paired up with?

As far as an existing clothing brand — I'm a shoe fiend so I love Sam Edelman and Steve Madden.

You've interned at *Teen Vogue* and stated that being a fashion editor would be one of your dream jobs, so if you were the editor of Metro's style section, what would you write about next week?

I'd focus on awesome summer footwear that would be an alternative to the flip-flop. I have a weird phobia: I don't like seeing peoples' feet, and I hate flip-flops and they come back every summer. I'd love to do cute summer shoes and boots that you could wear with your jean shorts and tank tops that avoid the sandal area entirely.

What's your favourite Annabelle product?

"The EyeInk Liquid Eyeliner is my everyday product — the black — it gives the perfect cat eye."

- "The cat eye is something that will never be not on trend but I think that's something that's particularly booming right now."

- EyeInk Liquid Eyeliner, \$9.95, annabelle.ca



Canadian street style

Spotted in: Toronto

Name: Amrita

Age: 28

Occupation: Owner of PARLOQUE boutique

What she's wearing

Sunglasses from China Town. Vintage silk shirt, Kimchi Blue Paperbag pants, Rita Tesolin Amethyst Bracelet, boots from a New York boutique.

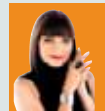
Her inspiration

"Inspired by everything in this all inspiring world."

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Choo-sing to strut her stuff solo

Change is a foot.
Jimmy Choo co-founder Tamara Mellon seeks to shake up style world with her own brand

While Jimmy Choo's name was stitched on the soles, Tamara Mellon was the creative driving force and ambassador for the luxury label whose fanciful heels have left a sizable footprint on red carpets and pop culture.

The British entrepreneur co-founded the company in 1996, growing the business from a tiny cobbler's shop in London into an international billion-dollar brand worn by A-list stars and name-checked in hip-hop songs and on Sex and the City.

Mellon sold her share of the company in 2011 and has now launched her own namesake label where she's intent on shaking up the style world when it comes to how clothing is marketed and sold.

"Everything I've done with this business is the complete antithesis to what someone would tell you how to do (things) for success in the fashion industry," Mellon said in an interview at Holt Renfrew's corporate offices following an in-store appearance at the retailer's downtown Toronto flagship store.

"I don't have seasons. I do monthly fashion concepts and it's buy now, wear now, because I don't believe women want to shop four months ahead anymore. I know I want to buy something today and wear it tomorrow."

"I'm delivering spring-

summer in spring-summer and autumn-winter in autumn-winter ... So I'm completely disrupting everything."

Mellon said she believes the reason other companies haven't mirrored her strategy is the large scale of many brands makes it difficult to transition after many years of following the same pattern.

"The lucky thing for me is I started this from scratch."

While she's offered a twist on the more conventional fashion formula, she borrowed a page out of her Jimmy Choo playbook with a collection of wardrobe es-

entials that will be available year-round — just as she did with the footwear brand.

Her Endless collection features a line of seasonless investment pieces including bras, blazers, sweaters, structured shoulder bags and pointy-toe heels. Meanwhile, the current range of warm-weather looks is steeped

largely in a palette of black, cream, navy and acid yellow. Boatneck rompers, lace camis and blouses, studded shift dresses and skirts, and trenches and blazers in shimmering Lurex are among the items in the ready-to-wear range.

And of course there is no shortage of footwear offer-

ings, from studded flats to metallic pumps and legging boots, with styles punctuated by rich colours and patterns from python print to honeycomb cutouts.

"When I looked at contemporary (fashion), there was nothing for a sophisticated woman, a woman who wants to be a bit edgy and sophisti-

cated," Mellon said of her creative vision behind the line.

The designer said she continues to work with the same factories in Italy stemming from a commitment to creating handbags and shoes that are investment pieces. Accessories in the line start from around \$500.

THE CANADIAN PRESS

Style's in the stars

Mellon said much has changed in the industry since starting Jimmy Choo, which coincided with the "wave of celebrity" that blanketed the landscape, as well as a shift in consumer habits.

- "Magazines realized that if they put an actress on the cover, their readership went up and then accessories were exploding," she recalled. "I think everyday dress became so much more casual, so accessories became much more important, they became much more of a status symbol ... And now with this, I think the world has changed again with this business. Now with social media, I can have a direct communication with my customer. Before there was a barrier in between us. And that's more important today."



Fashion entrepreneur Tamara Mellon. GEORGE PIMENTEL / THE CANADIAN PRESS

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Mosaics say it with tiles or stones

DIY. Cast the first stone for great home decor that's easy to create and fits in almost anywhere

Creating a stone or tile mosaic is the perfect starting point for adding stonework to your home, without splurging on an antique statue. The no-creative-limits project is easy to assemble, and can be placed in just about any space.

Getting started

Head to the hardware store to pick out the stones or tiles for the design. If you have a colour scheme or pattern in mind, considering sketching it first to get a better idea of what supplies you'll need. Be sure that the materials are weather-resistant if the artwork is going to be placed outside. Next, pick out a sturdy base for the stones or tiles (a wooden or stone frame is

Stone Age ideas

For more stone decor ideas, tune into the brand new series *Stone Age* airing Tuesdays at 9 p.m. ET/PT on DIY Network Canada.

usually best). To put everything together, you'll need a strong adhesive and concrete or tile grout.

Assembly

Carefully break the stones or tiles into segments, or cut them using a stone cutter for a more uniform look. Place all the pieces into the desired arrangement, and glue them down with the adhesive. Blend the tile grout or cement, and follow the accompanying instruc-

tions to ensure that it's the correct consistency (liquid, but not runny). Pour the liquid over into the tiles so that it fills the crevices between the pieces. Before it dries, use a soft, wet cloth to wipe off the excess cement and let the product dry.

More ideas

Countless different and dynamic mosaic ideas can be found online. If you're looking to complement a garden, consider looking at vibrant flower-shaped tiles and exotic emerald-coloured stones. To enhance your bathroom with a relaxing beach theme, check out some sandy or aquamarine tiles, or think about adding some seashells to the design. Just remember, the possibilities are endless.

The perfect complement to a garden

If you're looking to complement a garden, consider looking at vibrant flower-shaped tiles and exotic emerald-coloured stones.



A mosaic swirl of vibrant tiles can liven up a bathroom or a garden. ISTOCK

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Moonhouse project. Artist crowdfunds to get his dream home off the ground



The Moonhouse SARA MEDINA LIND

A traditional Swedish cottage could be the first house on the moon, set to land as early as October 2015.

Swedish artist Mikael Genberg has been working on the Moonhouse project for over 10 years and has now turned to crowdfunding to make his dreams a reality.

If all goes according to plan, the red house with white gables will be sent into the universe by U.S. aerospace technology company Astrobotic on the back of a spacecraft in October next year.

Measuring three metres

by two metres at the base, the house will have a roof height of 2.5 metres, allowing an adult to stand up inside. Once deployed on the moon, the cottage will unfold by itself to form a typical Swedish abode.

"Putting a house on the moon should be impossible, but through crowdfunding, through the Internet, through being enough individuals going together proving this, that means that we can do anything," says Genberg.

The Moonhouse project has received funding from

partners from the private sector, but around \$15 million is required to transport the cottage the 384,000 kilometres from Earth to the moon.

Each \$1 pledged to the project will take The Moonhouse about 25 metres closer to its destination.

"The Moonhouse will enable people to make history and a mark on the international scene since the Moonhouse will be the first payload funded by private individuals to land on the moon," says John Thornton, CEO of Astrobotic. **AFP**

Long-distance relo

384 km

The Moonhouse project has received funding from partners from the private sector, but around \$15 million is required to transport the cottage the 384,000 km from the Earth to its destination.

\$1

Each \$1 pledged to the project will take The Moonhouse about 25 metres closer to its destination.

Custom considerations

You can sometimes get what you want. Furniture store allows the customer to play designer



DESIGN CENTRE
Karl Lohnes
home@metronews.ca

Stylish home dwellers want their homes to have a personalized, designer-touch look. Words like eclectic, curated and customized are all buzz words written in the home decor magazines, but how

easy is it to get these perfectly thrown together looks? Many Canadian home furnishings stores are offering custom options on their best-selling pieces of furniture. This ensures you can have a one-of-a-kind piece that your neighbour won't also have.

Here are a few things to consider when customizing your upholstered furniture that will help your purchases look like you had a designer by your side:

Fabrics

The larger the piece of furniture, the larger the fabric's print can be.



I know a guy
whose sister has an ex-boyfriend...

Cut to the chase on page 27.

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Larger pieces can also hold a darker or more dramatic fabric colour due to their proportions. If choosing a solid fabric, then make sure it has some texture to add interest.

Furniture style

Rounded arms will imply a more formal/traditional look while square edges look more masculine, streamlined or modern.

Comfort and size

When sitting on a sofa, the edge of the seat cushion should comfortably meet the inside of the knee. A deeper cushion will give you a lounge style suited for watching television while anything less creates a formal style of sofa seating.

Wood trims/legs

Take the shape of the leg from the shape of the sofa's

The stain colour of a wood leg should match the room's larger wooden furnishings or be a shade darker than the wood flooring.

A few months ago, I decided to purchase a single reading chair for the corner of my den. I saw a style I liked, but knew I wanted something more colourful. Upon inquiring at my local

Urban Barn store, I found out that a large selection of fabrics, leg styles and seating comfort options were available to help customize many of the standard upholstery furniture pieces they sell.

I went from a chair style I liked to a custom chair I loved, and all I had to do was ask if those options were available!



Groove Chair, \$930 (standard), a great standard design was lacking the pizzazz I had hoped for.



Custom Groove Chair with upgraded fabric choice, new leg style option, contrast piping detail, down-wrapped seat upgraded cushion, \$1,300. UrbanBarn.com PHOTOS CONTRIBUTED

Seat-smart decorating will keep your guests sitting pretty

No more playing musical chairs.

Entertain the grown-up way with tips that will turn your place into an ideal party space

Creating a home that can easily be converted from serving the needs of daily life to a venue for entertaining guests is something homeowners might want to consider when they are planning their spaces and purchasing furniture.

Side tables

According to Angela Robinson, a Vancouver interior designer, most Canadians are casual entertainers, which means their guests might find themselves eating appetizers in a living room rather than sitting down to a formal dinner in a dining room, so seating and tables, including coffee and side tables, are important pieces.

"If you are sitting in a living room having a drink and some food, there is often not enough seating and surface space for people to feel comfortable putting drinks or plates down, and space for a homeowner to put plates of appetizers down," she says. "You really don't want them to put glasses and dishes on the floor beside them."

Extra seating

Storage for extra seating is not an option for many homeowners, but Robinson says there are functional and stylish alternatives to having stacks of folding chairs tucked into a closet.

"It is wise to consider choosing chairs for the rest of your house that co-ordinate with your dining area," she says. "For example maybe a homeowner does a patterned upholstered desk chair or a chair at your kitchen phone desk and as long as they all co-ordinate with your dining room you could pull them in when entertaining."

Hide the mess

Robinson says one of the major problems her clients have when it comes to creating spaces conducive to entertaining is how to approach a home with an open concept.

"A homeowner will be prepping the meal and getting ready for the evening in the kitchen, and quite often are entertain-

ing right beside the kitchen in the adjoining dining room or living room," she says. "I know that having their mess exposed to their guests is a concern for some homeowners."

Creating partitions or barriers with sculptural pitchers or vases and flower arrangements is one easy way homeowners can block guests from what's going on in the kitchen.

Movable pieces

A benefit of an open-concept home is the ability to transform the various spaces to suit the needs of a party. Ellie Chapple, manager and senior designer at Rook and Rose in Victoria, says having pieces that can be moved to create intimate spaces for casual dining or to make way for a large table for formal dining makes entertaining easier.

Set the mood

Chapple also applies the same concept to the accessories that set the mood for the perfect event.

"A big trend we've seen in the past year is the rustic look," she says. "People are using everything from ceramic pitchers and mason jars to wood rounds and cuts, and loose marble cuts."

Small details lead the way

Nothing is worse than when you create the perfect mood in the space you want to entertain in, and your guests congregate in the kitchen for the evening instead. Chapple says paying attention to the small details can help draw people to other areas of the house.

- "Little finishing touches

go a long way in terms of decorating your home for an event," she says.

- "Making sure that you are putting those extra touches, whether it is flowers, candles or a string of lights outside, to help pull your guests to the areas you want them to gravitate towards."



... who knows a guy
whose friend has a teammate...

Cut to the chase on page 27.

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Choosing chairs that coordinate with your dining room set helps to create a home that can easily be converted from serving the needs of daily life to a venue for entertaining guests.

ALL PHOTOS JANIS NICOLAY/HANDOUT/THE CANADIAN PRES



Now is the time to go bust

A bust of Ariadne cast from plaster and hand-rubbed to give it an aged look as an elegant objet d'art from the neoclassical era.



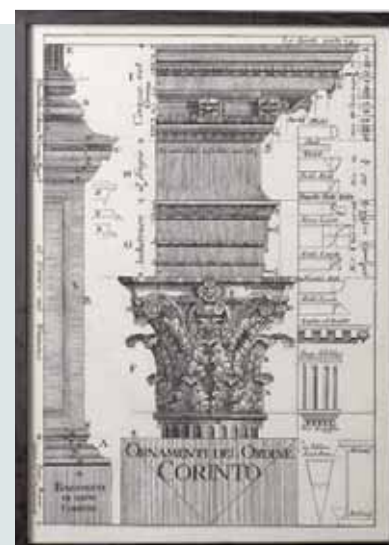
Every plinth a classic statement

A carved oak plinth that makes a statement, and can be used to hold artwork, plants or as a side table.



Draw the line at design

Italian illustrations of the varieties of Greco-Roman capital designs make attractive, classic wall art.



ALL PHOTOS RESTORATION HARDWARE/THE ASSOCIATED PRESS

The elements of neoclassical style

Greco-Roman hold. Architectural fragments and etchings, plaster busts and more are enjoying a moment

If you're a fan of traditional decor, you probably appreciate the elegant lines and rich history of neoclassical style.

Interest in classical style really took off in the second half of the 18th century, when Scottish architect Robert Adam began using its elements in fancy homes, says London designer Adrienne Chin. Adam recast urns, sphinxes and vine leaves as decorative elements in mirrors and mouldings.

"Adam's style owed much to the archeological discoveries of Greco-Roman domestic architecture at Pompeii and Herculaneum," says Chinn.

Time and taste

The historical discoveries also inspired the development of neoclassical furniture, which replaced the fussy rococo style with more linear, geometric silhouettes.

Today, Greco-Roman classicism is the basis of many interior decor styles — Louis XV, Regency, Federal and Georgian among them, says New York designer Elaine Griffin. "As the oldest recognized style, classicism carries with it the appropriation of time and taste," Griffin says.

And while it never falls too far off decor's radar, it's really enjoying a moment now.

"Classicism's clean, sleek lines are back with a vengeance this summer, both in a refined way and in over-the-top, tongue-in-cheek style state-

ments," she says.

There are many ways to introduce the style into traditional or contemporary spaces, and at various price points.

Lamps light the way

"Lamps are a great way to bring a neoclassical touch into your decor — classic urn shapes, columns or classical motifs like acanthus leaves look elegant, particularly when paired with a black card or pleated silk Empire lampshade," Chinn suggests.

Stiffel has a wide selection with silver or burnished bronze bases. (www.stiffel.com)

"Ornate plaster corbels used as brackets for decorative display shelves bring a classical element to a room," she notes.

Look for plaster ones, or unfinished wood that you can paint or gild yourself. (architecturaldepot.com)

AllModern has pairs of bookends with busts of Hercules or David. The Perseus console from Currey & Company is a sleek, silver-leafed iron piece with a Greek key border. (allmodern.com)



Neoclassical architectural fragments cast in brass represent several of the Greco-Roman motifs including acanthus leaves and scroll and vine.

RESTORATION HARDWARE/THE ASSOCIATED PRESS



...who knows a guy who grew up with a woman who has a grandma...

Cut to the chase on page 27.

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Refined and cheeky

"Classicism's clean, sleek lines are back with a vengeance this summer, both in a refined way and in over-the-top, tongue-in-cheek style statements."

New York designer Elaine Griffin

Frames and fragments

At Arhaus, scroll and floral wood carvings frame the Clara mirror, while the Adele dining chair, upholstered in velvet, features inlaid antiqued wood rosettes. (arhaus.com)

Restoration Hardware has a group of architectural ornament fragments cast in brass and mounted on museum stands, among them swag and tassel, cornice, and acanthus scroll patterns. Vintage Italian etchings of capital styles would make

nice wall art, and so would an intricate charcoal drawing circa 1900 of classical carved marble portraits. A series of intaglio cameos of neoclassical themes are cast in plaster and framed.

The retailer's also got larger pieces, including wooden columns, pillars and plinths that could be used as display stands for artwork — perhaps for a plaster bust of Ariadne, or a carved finial.

(restorationhardware.com)

Greek key motif

Griffin's not surprised that the Greek key motif is a trend.

"Its sleek, straight lines and crisp right angles are perfect counterparts to contemporary design, and are among the few design motifs that truly look great everywhere and with everything," she says.

She likes to use the design in dressmaker-inspired details, such as embroidered tape trim on curtains and upholstery.

Or, if you want a bold look, consider going for an all-over pattern. Smith and Noble offers the Greek key motif in bright combinations of tangerine, navy, red or deep pink with white, or a more subtle pairing of pale grey or aqua with off-white — especially pretty for sheer curtains. (smithandnoble.com)

Jonathan Adler is known for his use of Greek keys: He puts the pattern on rugs, throws, china and furniture, such as a needlepoint ottoman and a white lacquered cocktail table. (jonathanadler.com)

If you're interested in collecting from this style, antique stores invariably have pieces with provenance. Or check out rubylane.com; the online vintage shop has items including an elaborate desk painted with Pompeian frescoes, a pair of marble lions, salvaged Ionic columns and a circa 1880 hand-painted Italian leather screen. THE ASSOCIATED PRESS

Just wild about hue? Here's what to do

Vibrant colour.

Decorating with bold shades can be beautiful if you follow a few simple rules

It might be practical, of course, to decorate your home with neutral colours and muted earth tones. No need to worry about colours clashing if most everything is white, beige and light brown.

But what if you're a fan of vivid orange, lime green or a luscious shade of lavender?

These colours can be tricky to use successfully in decor. But you don't need to avoid them, says interior designer Brian Patrick Flynn, creator of the Flynnside Out design blog. Just use them

carefully.

"It's a game of balance," Flynn says. "Once you get that right, just about any colour can be spectacular."

Here, Flynn and two other designers — Kyle Schuneman of Live Well Designs and Betsy Burnham of Burnham Design — share advice on decorating successfully with even the most complicated colours.

Pick one wild colour

For a client who loved lime green, Schuneman covered one dining room wall in wallpaper that combined bright lime green with a muted sage green. He painted the other three walls in the sage, so the client could enjoy a favourite colour but the room wasn't overwhelming.

"There can only be one

star in a room," Schuneman says. "If you want a bold colour, then you already have your star."

Burnham agrees: "Orange next to screaming lime green next to fuchsia," she says, "doesn't belong in a grown-up space." But fuchsia paired with olive green can look chic.

The same approach works for paler colours. Pastel pink used with pastel yellow and pastel blue creates an over-

load of sweetness. But Flynn has found that a light pastel pink can be gorgeous paired with a dark, calming navy blue.

Adjust your shade

When clients are considering a very bright colour, Flynn often advises them to choose one "two shades lighter or less saturated than the one they're iffy about."

"Nine times out of 10," he says, "they end up still get-



...who knows a guy who walks his dog
in the same park as his neighbour...

Cut to the chase on page 27.

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The payoff of bold colour can be fabulous

"To make a splash with blue in a bold way, I suggest using Klein Blue, also referred to as electric blue," he says. "It's got a ton of purple mixed in, so it feels rather royal. And when you mix it with red, it's magical."

Designer Brian Patrick Flynn



A highly dramatic colour like Klein Blue, also referred to as electric blue or midnight blue can be paired with other bold hues like red, and balanced with white or black. ALL PHOTOS SUSAN DORIO/HGTV.COM/ BRIAN PATRICK FLYNN/THE ASSOCIATED PRESS



To make pinks less overwhelming, choose those with lots of white.

ting the effect, but without the colour becoming too saturated to live with."

No matter what the colour, all three designers recommend picking a shade that's got some grey mixed in. For a living room done in shades of purple and lavender, Burnham chose a sofa fabric that was a mix of grey and purple, and used a white paint infused with a bit of grey on the walls.

"Grey has a way of calming a colour down," Schuneman says, making it "feel velvety and more soothing."

Accents instead of walls

"There are lots of ways to incorporate colour without having to commit to a wall colour," Schuneman says. "Paint an old media cabinet in a bold purple to make it a hot conversation piece."

Taxicab yellow walls would be awful, says Burnham, but one bright yel-

low throw or ceramic lamp could satisfy your desire for that shade without overpowering a room.

If your heart is set on a tough colour and you're not content with adding just a single accessory, Burnham suggests consulting an expert. Many interior designers will do a colour consultation, walking through your home to discuss how favourite colours might work.

Embrace the blues

Rather than layering a room with creams and beiges, Schuneman suggests blues.

"I actually think of blue as a neutral," he says. "I love it and always have it in my house, and have used shades from sky to royal to navy."

Even vivid blues can have a calming effect. "Everyone gravitates to oceans and lakes, and it makes people feel good," Schuneman says.

THE ASSOCIATED PRESS

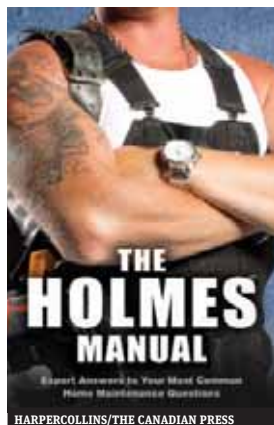
Mike Holmes' maintenance manual helps homeowners spot trouble

Ounce of prevention. Home-improvement host suggests dealing with problem areas before they get costly

While many homeowners have big dreams of beautifying their spaces, handyman Mike Holmes wants them to also think of the less glamorous side of property upkeep: Regular home inspections and maintenance.

"You will save a fortune in money if you do this, because if you go ahead and renovate that kitchen before you take a look at the roof and it leaks, that's going to cost you a big amount of dough," said the straight-talking contractor and home improvement host.

The Holmes Makes It Right star said he has fielded countless questions over the years on home maintenance, from queries about roofs to sweating windows. With his new book, *The Holmes Manual* (HarperCollins), out last week, Holmes offers guidance on how to spot potential signs of property damage while also sharing tips in response to common



repair questions.

"We look at our cars. We constantly check our tires, right? ... And we pay more attention to our vehicles than the single most expensive investment of our lives — your home," Holmes said in a recent interview.

"Yes, you need to pay attention. You need to check your filter on your furnace every single month because if your filter's dirty, then you're actually smothering your furnace. You can burn out your motor because it can't breathe properly anymore. It's not moving air the

way it's supposed to."

While icicles dangling from the edge of a roof may seem picturesque, their appearance is typically the sign of several different problems, said Holmes. Among them: Heat loss from the house heading into the attic space.

"When we have heat loss in the attic, we have hot meeting cold. That can actually mould the entire inside of your attic."

Holmes writes that shingles that are curling or buckling at the edges are also red flags. It may be a sign of

know what you're doing," he stressed. "You shouldn't play with electrical. You shouldn't play with your HVAC (heating, ventilation and air conditioning) and you shouldn't play with your plumbing."

"I think the majority of the people are trying to learn what they need to learn about their house (and) who they should be calling to fix it," he added.

For reno-minded homeowners, the book offers detailed comparative charts for items including roofing vents, sidings and finishes for fences and decks, as well



...who knows a woman who
can get you a deal on a mortgage.

Who thinks it's time to cut
to the chase?

We do.

See how on page 27.

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Looking after your biggest investment will pay off



"We pay more attention to our vehicles than the single most expensive investment in our lives — your home." Mike Holmes

natural wear and tear. But Holmes adds that exposed bare patches on asphalt shingles — which gradually lose granules over time — or large amounts of granules in gutters may be signs of poor ventilation in the attic where rising heat tends to accumulate.

"If that heat gets trapped because you don't have a well-ventilated attic, it can warm up the roof, causing asphalt shingles to stiffen up and age more quickly," he writes, noting that the ventilation issues can also cause ice dams to surface.

Holmes said while it's important for homeowners to be educated and knowledgeable about possible problems, that doesn't necessarily mean they should take the reins to repair them — particularly when they may be lacking key skills.

"You shouldn't do the roof unless you know what you're doing — and I mean really

as step-by-step project instructions, like finishing a basement floor.

But preventive maintenance remains top of mind for the handyman.

And with spring now in full swing, Holmes said the season is prime time for making inspections to ensure that water isn't seeping into the home.

"You've got to look at your eavestroughs — clean them out. Your downspouts — make sure they're not blocked. Look at all the caulking around your doors and windows," he said.

"If you can't get up on your roof ... get a pair of binoculars and take a really good look around the chimney, make sure that none of the weather has ruined your roof system."

"The more you take a look now, the absolute better. Don't just concentrate on flowers and cleaning up the garden." **THE CANADIAN PRESS**



Mike Holmes is seen working on home repairs. The contractor and home improvement host is the author of the new book *The Holmes Manual*.
COURTESY ALEX SCHULTZ/THE CANADIAN PRESS

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Responsive. Furniture for micro living



Connected home devices are still at an immature stage, according to a recent report. LOLOSTOCK/SHUTTERSTOCK.COM

Studio living is becoming increasingly common in urban areas, but how do you make 200 feet feel three times the size?

That was the question set by the MIT Media Lab when designing CityHome, a conceptual furniture unit that maximizes space and can be controlled with simple hand gestures.

Using built-in sensors, the unit can roll out a bed, a desk, a dining table and chairs for six people, and an extendable kitchen countertop. The entire unit can also be moved to alter the space on either side of it.

Led by the Changing Places Research Group, the team has also integrated lighting systems controlled by apps into the piece, with customizable

colour themes. Voice-recognition control technology has also been incorporated into the lighting design.

Although it remains primarily a research project for the moment, rumour has it that designer Kent Larson is looking into making it a viable commercial product, so watch this (deceptively adaptable) space. **AFP**

Home accessories

Could this be the robotic furniture of the future?

Modular furniture made with robotic components that can reshape itself according to users' desires could be a major home accessory of the future. Scientists at Switzerland's Ecole Polytechnique Fédérale de Lausanne (EPFL) have come up with Roombots, an adaptive mechanical furniture concept.

The pieces can move and change functionality endlessly. For example, stools that move around could meet other stools and form a bench, which could then become a table.

The modules change shape and move by rotating against one another, and gripping together or to flat surfaces via connectors.

"We hope that the Roombots module will be used for many applications, but one of the main ones we have in mind is assistive technology," says Auke Ljsspeert of the school's Bio-robotics Laboratory. **AFP**

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So your child is staying overnight

It's your little one's first time away this summer at sleepover camp. How will they do? How will you handle being away from them for so long?

If you're new to the sleepover camp scene, here's what you need to know before you send your camper away.

HOW TO PREPARE

Don't surprise your child about going to a sleepover camp —select one together and give them lots of time to get used to the idea of being away from the home for a week or longer.

"And get them excited about camp by looking at videos or photos on the camp website and shopping with them to prepare. That's an exciting part of the lead up to camp," says Jennifer Kolari, a Toronto-based child and family therapist and author of *Connected Parenting: How to Raise a Great Kid*.

"And make sure, before they go, you two have lots of closeness and cuddling to make sure that bond is really strong before your child leaves."

WHAT IF THEY'RE HOMESICK?

Homesickness is a normal and healthy feeling that often dissipates after the first two nights.

"Kids aren't usually allowed to call home because that tends to make it worse," says Kolari. "But you can send along written letters, pictures and care packages. These tangible things can really help."

MISSING THEM

Kolari notes that sleep-away camp is a learning experience for everyone — for children, it's about developing independence and for adults, it's stretching boundaries.

"As much as we love our children, it can be tiring to be on all the time, so enjoy it," Kolari adds.

"Don't spend the whole week missing them so you're not enjoying rejuvenating and refreshing yourself." It also helps to plan a full week with the types of activities you couldn't normally do with a child at home.



SHUTTERSTOCK

No one turned away at Camp Wohelo

Outdoor activities, nature exploration popular at the camp

For those looking for an escape from the hustle and bustle of city life, Camp Wohelo offers the perfect respite.

Located at Pigeon Lake, about a 90-minute drive southwest of Edmonton, the camp programs are designed for girls eight years and older, as well as mothers (or female caregivers). Boys and girls of all ages are welcome, plus inclusive families.

There are five camps offered throughout the month of July: Teen leadership, moms and kids (offered twice in July), all girls — all ages, and the family camp. The board at Wohelo believe that every girl deserves a right to attend camp and will help anyone (regardless of their financial situation) to do so.

The camps provide an opportunity to develop spirituality, friendships, leadership skills and outdoor skills in a safe environment.

Campers are given the freedom to



CONTRIBUTED

explore and learn about the natural world that surrounds them.

However, to keep this opportunity available to the community, the camp is in need of both volunteers and donations. Camp organizers are looking to replace the wash house with an accessible, eco-friendly facility and would love input from any trades people willing to help.

Volunteers willing to help out either at the camp (to support the girls) or on the camp's board are welcome to contact organizers.

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Rental and Volunteer opportunities available.

facebook.com/campwohelo

Please visit www.campwohelo.com for info and registration forms



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MacEwan kicks off camp season

For kids looking to get fit and have fun this summer, MacEwan University Sport and Wellness camp is the place to go.

MacEwan started offering summer camps again last summer, beginning with basketball.

This year, they've expanded to multi-sport, basketball, hockey, volleyball and a triathlon camp for kids ages 10 to 15.

Varsity coaches and about four to five varsity athletes run the Junior Griffin camps.

"It allows the kids to have fun and also teach them life skills about health and fitness," said Eric Magdanz, the men's basketball coach and the organizer of the Junior Griffins summer camp.

Magdanz says the camps offer a safe environment for kids to learn a sport — or improve at one they already play.

"It's fun to interact with the kids, they have such a passion for just playing and interacting. They strive to get better but they also strive to just have fun," he said.

"It's great to see the sport from where we all started from."

Camps will run all summer — July and August — and MacEwan University's close proximity to downtown allows working parents to get their kids to camps with ease. Campers will be looked after for extended periods both before and after camps. However, the hockey camp is run off campus at the Terwilliger Recreation Centre.

To register, head to macewan.ca/sportcamps.

Rupertsland connects teens to Métis culture

While some summer programs offer useful skills, few offer the immersive real world and cultural experience the Rupertsland Institute, Métis Centre of Excellence does.

The Institute will offer three programs for Métis youth aged 15 to 17 throughout the summer.

"There's a huge disconnect with Métis culture right now and this is helping them fight that," said Shawna J. Serniak, the provincial

program manager. "Lots don't fully understand Métis culture or heritage and this helps them understand."

The programs will offer high school credits and certifications to enrolled youth, and will give a blend of real world and cultural experience.

The first program focuses on environmental careers, with first aid training as well as a blend of skills training for those interested in

pursuing this career path; the second, called Métis Youth Entrepreneurship Leadership, focuses on entrepreneurship; the third and final program, called Interpretative Assistance Guide program, has a focus on the tourism trade.

"Everything we do, we want to bring in the heritage, the education and the job training skills," said Serniak.

As Serniak points out, Métis were the first entrepreneurs in Canada and the third program provides an opportunity to gain education into a growing career path for many Métis.

Most importantly, the programs offer a chance for youth to come together and feel acceptance as an individual and as a group.



SHUTTERSTOCK



MÉTIS ENVIRONMENTAL CAREER CAMP

Are you a Métis youth between the ages of 15 and 18? Are you interested in careers in the environmental field, such as: environmental auditor, fish and wildlife officer, forest technician, or park warden? Do you want to earn High School credits AND a wage this summer? If so, the Environmental Career Camp may be for you.

Successful participants will receive certification in standard first aid, wilderness first aid, H2S alive, WHIMIS/TDG, GPS certification, and Flat Water Canoe certification, plus Alberta High School Career and Technology Studies (CTS) credits in WLD 1130, CTR 2020, HCS 2020, and work experience credits.

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MacEwan.ca/SportCamps



SHUTTERSTOCK

Life can be aquatic at West Edmonton Mall Adventure Camp

Feeding penguins, sea lions and training marine animals just some of the fun activities

It's not often you can have a chance to train sea lions or feed sea turtles, let alone do it inside a mall.

For kids in Edmonton looking for the chance to mix education with fun, WEM Adventure Camp provides the perfect blend.

For five days, campers will be able to help marine staff in the morning — feeding and participating in training marine life — and explore some of the mall's attractions in the afternoon.

The camps provide an opportunity for children who may have grown up on the Prairies with no connection to the ocean, to create one.

"It's making that personal connection. The animals are great ambassadors to some of the world's environmental problems," said Karen Bohachyk, education supervisor for Marine Life. "Even what we're doing here on the Prairies can affect the ocean."

The camp is designed for kids ages six to 12.

Campers will get to help feed penguins and sea lions, as well as touch stingrays and turtles.

"There's a team-building aspect which I like seeing," said Bohachyk. "It's a lot of fun and an amazing experience."

While campers help with marine life in the morning, they get a chance to stretch their legs and burn off some energy in the afternoon.

Scheduled trips to Galaxyland Amusement Park, World Waterpark and Ed's Rec Room are

planned.

"We'll go on roller coasters and rides," said Bohachyk. One highlight is a Galaxy Quest challenge, where kids will get to fight virtual zombies.

At all times, two staff leaders who have training in CPR will monitor campers.

The camp is scheduled for two weeks in July and an additional two in August.

Those interested in registering for this exciting blend of entertainment and education can head to wem.ca and click the events and performances tab. Parents can also call the Marine Life Education department at 780-444-5320 or email marinelife@wem.ca.

WHAT'S IN STORE:

WEM Adventure Camp runs from 8:30 a.m. to 4:30 p.m.

Camp schedule:

July 7-11, 14-18 and August 11-15, 18-22

Registration fees:

One day: \$60

Two days: \$120

Three days: \$180

Four days: \$240

Five days: \$249

To read more, head to wem.ca and click the events and performances tab.

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To read more, head to wem.ca and click the events and performances tab.

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Picking a summer camp is easy — follow these tips

There's baking camp. French camp. Soccer camp. Swim camp. How exactly can you pick what's right for your child? Here's how to figure out where's the best place for your child to spend their sweet summer days.

ASK AROUND

Ask neighbours and other parents for camp recommendations. "Often that's your best bet, to get a first-person recommendation from somebody," says Gwen Dell'Anno, execu-

tive director of the Edmonton-based Alberta Camping Association. You may even want to ask at your child's school — some Home & School Associations collect recommendations and put out lists of suggested camps. (Some teachers even run camps in the summer-time.)

GET YOUR CHILD INVOLVED

"Bring them into the discussion about the types of programs they may be interested in,"

says Derek Mitchell, president of the Halifax-based Camping Association of Nova Scotia & Prince Edward Island. Sounds obvious, but not all parents do it.

CONSIDER THEIR INTERESTS

"If they are interested in something — a lot of girls for example want to go to horse camp, then you can pick more specifically, a camp where they'll spend a lot of time with horses," suggests Dell'Anno.

— Astrid Van Den Broek

ONE MOM'S TIP

"Know whether your kid likes to stand out or blend in at camp," says Trish Snyder, a Toronto mother of two. "Our daughter for example, loves the smaller camp she goes to. She got every activity she was interested in plus she loved the feeling that every counsellor knew she existed."



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Summer camp inspires career path for NAIT baking graduate

A summer camp experience at NAIT in 2007 is what inspired Nicole Ness to pursue a career in baking. She was just 13-years-old when her mom enrolled her in the Mini Bakers camp, which teaches kids ages eight to 16 how to make a variety of creative bakery products.

"I didn't really know what I was getting into," says Ness, now 19. Looking back, she recalls the camp as being the "coolest thing ever."

So cool, in fact, that it inspired her to take cooking and baking classes in high school, and later enrol in NAIT's one-year baking program. For the past year, Ness has taken classes in the same NAIT kitchens she was first introduced to as a teen in summer camp.

Ness graduated this spring — one of more than 5,200 NAIT students who completed their programs.

She credits her summer camp instructor, Alan Dumonceaux, chair of NAIT's baking program, with influencing her career path. After convocation, Ness plans to work in a bakery for a while, before returning to school to become a teacher herself. The Edmontonian wants to someday teach culinary courses at the high school level.

"It all started years ago, taking that class with Alan," says Ness.

NAIT's summer camp lineup is so diverse, there's something for everyone. Visit nait.ca/recreation to find the camp that's right for your youthful enthusiast.

That's one manly sandwich!

Chivito. This Father's Day, treat dad to Uruguay's amazing steak and egg sandwich

"Simply defined, the chivito is a steak sandwich — the way the Super Bowl, simply defined, is a football game. You start with thin-sliced steak and pile on bacon, eggs, cheese, lettuce, tomato, roasted peppers, and mayonnaise. It makes a Philly cheesesteak look downright anorexic," writes Steven Raichlen in his book *Man Made Meals*.

1. Cut the rolls almost in half through the side. Spread the cut sides of the rolls with the mayonnaise. Place a lettuce leaf on the bottom of each roll. Set the rolls aside while you cook the bacon, steak, and eggs.

2. Arrange the bacon in a single layer in a cold large skillet and heat over medium

Ingredients

- 2 kaiser rolls
- 3 tbsp mayonnaise, preferably Hellmann's
- 2 Boston lettuce leaves, rinsed and patted dry with paper towels
- 4 slices bacon, cut in half
- 2 beef steaks (3 to 4 oz) cut or pounded 1/4 inch thick
- Coarse salt (kosher or sea) and freshly ground black pepper
- 2 slices Jack or mild cheddar cheese, each about 1 oz
- 2 large eggs
- 1 luscious red ripe tomato, thinly sliced
- 2 large strips roasted red pepper

Cookbook of the Week

Inner workings of a man's kitchen



Man Made Meals offers guys everything they need to achieve confidence and competence in the kitchen. With the inclusion of tools and techniques, Steven Raichlen offers secrets from the pros that will help you understand flavours and flavour boosters, and enhance your recipe repertoire.

There are 300 recipes to choose from. Among them are: Blowtorch Oatmeal, Skillet Rib Steak, Beer Battered Fish, Loaded Potatoes, Rum and Coke Floats, Belgian Beer Brownies and more. **METRO**

heat. Cook the bacon until it is crisp and browned, 3 minutes per side. Transfer the bacon to a plate lined with paper towels to drain. Leave the bacon fat in the skillet.

3. Season the steaks with salt and black pepper to taste. Heat the skillet over high heat. Add the steaks to the



This recipe makes two sandwiches — one for you and one for dad. LUCY SCHAEFFER

TOTAL TIME
ABOUT 20 MINUTES

skillet and cook until done to taste, 2 minutes per side for medium.

4. Place the steaks on the rolls, and top them with the bacon and cheese. Leave the fat in the skillet.

5. Once again, heat the skillet, this time over medium-high heat. Crack the eggs into the skillet and cook until the whites are crisp and browned on the bottom and edges, 2 minutes on the first side, 1 minute on the second side,

carefully turning them with a spatula. Slide the eggs into the sandwiches on top of the cheese.

6. Top each egg with slices of tomato and a strip of red pepper, if using, and season the

sandwiches with a little more salt and black pepper. Close the sandwiches and cut them in half before serving.

RECIPES PRINTED WITH PERMISSION FROM *MAN MADE MEALS* BY STEVEN RAICHLEN (WORKMAN PUBLISHING, 2014)

Sangria for Grown-Ups

"Nothing says party time like ... sangria," writes Steven Raichlen in *Man Made Meals*. "And few guys make it better than chef-owner Christian Thornton and sommelier John Clift at the restaurant Atria in ... Edgartown, Martha's Vineyard."

1. Slice the orange into wedges and, using a fork, remove and discard any seeds. Place the orange and sugar in a pitcher and muddle (mash) them with the back of a wooden spoon.

2. Stir in rum, ginger liqueur, and St-Germain liqueur and let macerate (steep) overnight in

the refrigerator, covered.

3. When ready to serve, add ice cubes to pitcher. Add the Lambrusco, stir, and serve.

Ingredients

- 1 orange
- 2 tbsp sugar
- 3 oz (6 tbsp) dark rum, such as Myers's
- 3 oz (6 tbsp) ginger liqueur, such as Domaine de Canton
- 2 oz (4 tbsp) St-Germain elderflower liqueur
- Ice cubes
- 1 bottle (750 mm) Lambrusco wine, chilled



This recipe makes about 4 cups. LUCY SCHAEFFER

For your phone

Kitchen Knife Skills
(iPad/iPhone;
\$4.99)

Enhanced with video lessons, this in-depth handbook teaches the impressive ability chefs have to



MIND THE APP
Kris Abel
@RealKrisAbel
life@metronews.ca

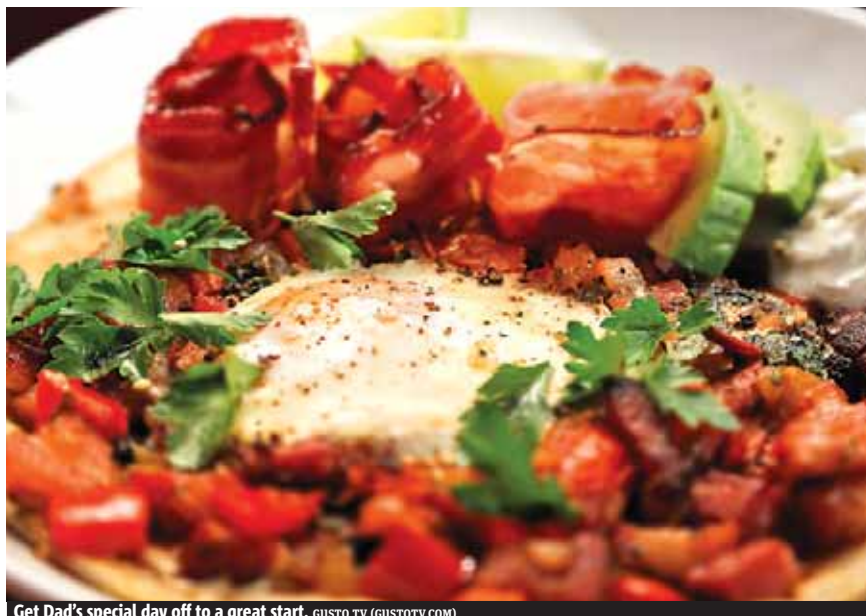
slice, dice, carve, and butterfly their ingredients. Discover the tricks behind both Western and Japanese styles.



Whether you plan to surprise Dad with breakfast, lunch or dinner, Metro has teamed up with Gusto TV (gustotv.com) to bring you some perfect recipes for this Father's Day. Here are our suggestions courtesy of the hosts of My Kitchen Rules, Ask the Butcher and Secret Meat Business.

Metro

Breakfast: Bacon Huevos Rancheros



Get Dad's special day off to a great start. GUSTO TV (GUSTOTV.COM)

This Bacon Huevos Rancheros recipe comes from My Kitchen Rules, in which 12 home-chef teams compete to determine whose kitchen rules.

1. To make tortillas, mix or process all ingredients to form a smooth dough. Knead for 5 minutes. Cover with a tea towel and rest for 10 minutes. Divide dough into four portions. Roll portions into thin rounds.

2. To make sauce, combine

sauce ingredients in a jug.

3. To make salsa, heat oil in a frying pan over medium heat. Cook speck until golden brown. Set aside. Add onion, garlic, red pepper and spices to same pan. Cook until soft. Stir in tomatoes and speck. Cook, stirring frequently, for 20 minutes or until mixture is soft. Remove from heat. Stir in zest and half the sauce.

4. Preheat oven to 180 C. (350 F)

5. Heat a large lightly oiled frying pan over medium-high heat. Cook tortillas, one at a time, on both sides, until golden and crisp.

6. Arrange tortillas on a large oven tray. Divide salsa over one half of each tortilla, making a well in centre of salsa. Crack an egg in each well. Bake 6-8 minutes or until egg set and cooked to your liking

7. Cook bacon in a lightly oiled frying pan until

Ingredients

Tortillas

- 250 g plain flour
- 100 ml water
- 1 tbsp olive oil
- Pinch salt

Sauce

- 1 tbsp lemon juice
- 1 tbsp lime juice
- 1 tbsp Worcestershire sauce
- 1 tsp Tabasco sauce

Salsa

- 1 tbsp olive oil
- 100 g piece Speck, diced
- 1 onion, finely chopped
- 2 garlic cloves, crushed
- 1 red pepper, finely diced
- 1/4 tsp dried mixed spices (sumac, thyme, oregano)
- 4 medium tomatoes, deseeded, finely diced
- 1 tsp finely grated lemon zest

Topping

- 4 eggs
- 8 pieces smoked bacon
- 4 tbsp goat's cheese
- 2 small avocados, sliced
- 1/2 cup chopped parsley
- Lime wedges, to serve

browned and crisp.

8. To serve, arrange goat's curd, avocado and bacon on empty side of tortilla. Garnish egg and salsa with parsley. Serve with lime wedges and remaining sauce.

AN ALL-NEW SEASON FIVE OF MY KITCHEN RULES AIRS MONDAYS THROUGH THURSDAYS AT 9 PM EST ON GUSTO TV

Lunch. Banh Mi.



This recipe serves one. GUSTO TV (GUSTOTV.COM)

Chef Adrian Richardson knows his way around a steak. Here is the host of Secret Meat Business' recipe for Banh Mi (Vietnamese Pork Roll).

1. In a large mixing bowl, combine mince, liver, coriander, garlic, ginger, chili, curry powder and a pinch of salt and pepper. Mix until well combined and form patties.

2. Over a medium to high heat, lightly oil a griddle pan. Add patties and cook for 2 - 3 minutes on both sides.

3. Take the baguette and fill with patty and any/all remaining ingredients.

SECRET MEAT BUSINESS AIRS MONDAYS AT 10 PM/10:30 PM EST AND TUESDAYS AT 7 PM/7:30 PM EST ON GUSTO TV

Ingredients

Patty

- 200 g pork mince
- 4 chicken livers, chopped
- 1/2 bunch coriander, roughly chopped
- 1/2 clove garlic, grated
- 1/2 tsp ginger, grated
- 1 bullet chili, finely chopped
- 1/2 tsp curry powder
- Salt and pepper

Sandwich

- Baguette, cut to 6 inch
- 1 tbsp mayonnaise
- 1 tbsp Sriracha chili sauce
- Cucumber, thin strips
- Carrot, thin stripes
- Spring onion, chopped
- Coriander, chopped
- Fresh chili, chopped

Take Dad's dinner to the next level with Aged Rib-Eye



This recipe serves four. GUSTO TV (GUSTOTV.COM)

Ask the Butcher host Anthony Puharich's Grilled Aged Rib-Eye with Tomato, Onion and Chipotle Sauce is drool-worthy.

1. Preheat oven to 200 C (390 F)

2. Season steaks with sea salt 2 hours before cooking, and allow to come to room temp.

3. Salsa: Place tomatoes and onion in small ovenproof dish (that holds tomatoes snugly). Pour olive oil over and season with sea salt. Roast 1 hour or until skins of tomatoes burn a little.

4. Remove from oven, pull off tomato skins, then place contents of the dish in saucepan and mash tomatoes with tongs. You should have a sauce with lots of olive oil on top. Bring to a boil (then oil will blend in), reduce by a third, then add the chipotle powder and mix through. Cook for a further minute, then remove from heat and allow to cool. Add the parsley and lime juice, then season to taste with sea salt and white pepper. Makes about 250 g (1 cup).

5. Heat a flat or ridged charrill

pan on the stovetop or heat barbecue to very hot.

6. Rub steaks with a little olive oil. Cook them for about 2 minutes (for rare), then turn over and cook for a further 2 minutes. Allow the meat to rest in a warm place for 5 minutes.

7. Place steaks on serving plates, top with dollop of room-temperature salsa and drizzle with extra virgin olive oil. Serve with your favourite potatoes and a bowl of boiled greens.

ASK THE BUTCHER AIRS TUESDAYS AT 8 PM & 8:30 PM EST ON GUSTO TV

Ingredients

- 4 grass-fed rib-eye steaks with bone in, about 360 g each
- Sea salt
- Extra virgin olive oil, for drizzle
- Salsa**
- 4 large vine-ripened tomatoes
- 1 small red onion, thinly sliced
- 100 ml extra virgin olive oil
- 1 1/2 tbsp chipotle chili
- 1 tbsp roughly chopped flat-leaf (Italian) parsley
- Juice of 1 lime
- Sea salt and white pepper powder, or to taste

Refreshing, fermented apple (or pear) juice goodness



LIQUID ASSETS
Peter Rockwell
@therealwineguy
liquidassets@eastlink.ca

It's been a long time coming, but cider has finally found a home in the hearts and mouths of Canadians. A tidal wave of fermented apple juice is rolling across the country.

Artisanal ciders have created a cottage industry in most provinces, but you can find these larger international brands just about everywhere, including on tap at your favourite pub.

Strongbow English Dry

The juicy apple sweet core of this granddaddy of modern ciders ends crunchy and dry (England, 500 ml, \$3.00 to \$3.95).



Foundry Golden

More deeply coloured than Strongbow, with a spicy apple-saucy aroma and rich, baked apple flavour (England, 500 ml, \$3.00 to \$3.88).



Magners Original Irish

Deep and golden with a very dry, ripe apple fruit that ends ripe and well-rounded (Ireland, 500 ml, \$3.15 to \$4.62).



Somersby

Orchard aromatics and Granny Smith meet green Jolly Rancher candy sweetness, soothed by a thirst-quenching carbonation (Denmark, 500 ml, \$3.00 - \$3.94).



Sir Perry Pear Cider

Not as muscular as the apple variety, the outcome has more of a wine vibe. It's subtle and lightly sweet, but finishes dry (England, 500 ml, \$3.00 - \$3.99).



Father's Day on a budget? A D.I.Y. herb garden plan

Barbecue companion.

Instead of heading to the store, make your own gift from scratch



JORDAN HIPSON
For Metro Canada

Father's Day and Mother's Day are unlike most other holidays — we don't decorate, we don't attend special services and we are not expected to go overboard with gifts.

Therefore, Father's Day and Mother's Day are days of pure appreciation and love for people who have affected our lives in a way no one else can.

With much thought, it is very possible to purchase a store-bought gift for Father's Day. However, a DIY gift truly speaks to the love we have for Dad.

Naturally, when we think of Dad and summertime, the first thing to come to mind is the barbecue. So why not build him an herb garden? A compact, easy-to-grow herb garden perfectly complements all of his favourite BBQ foods.

How To

1. Begin by thoroughly rinsing PVC pipe with hot water. If you have organic or non-toxic soap on hand, use that to further clean the pipe (white vinegar works, too).

2. Place the PVC pipe with the single-opening side down on heavy plastic or mesh. Using a heavy mark-



A stove-side herb garden also sits well by the barbecue. JORDAN HIPSON FOR METRO



Step 4: Attaching a mesh to allow for drainage. JORDAN HIPSON FOR METRO

er or pencil, trace around opening. Ensure your hot glue gun is plugged in to heat up.

3. Cut out the circle you have just traced.

4. Place a thin bead of a glue around the single opening of your PVC pipe. Safely attach your plastic or mesh. If you are using plastic, consider adding a few small slits or holes to allow drainage.

5. Fill the vessel with enough soil to plant your herbs. When planting the herbs, the excess soil in the store pot is usually enough to completely fill each of the

Materials

- PVC Wye Pipe — 2 or 3 pipe configurations
Heavy plastic or Tight window-screen mesh
- Planting medium (look for a small-planter-specific soil mix)
- Scissors
- Hot glue gun and glue sticks
- Water
- Herbs, depending on Dad's preference: rosemary, dill, fennel, thyme, parsley, chives.

pipe's ends.

6. If your herbs came with plant-markers, place them behind the herb in each opening. Water lightly and trim off any weeping pieces.

Forget the uninspiring ties, socks and cards

This Father's Day treat your Pops to a unique gift he'll definitely not forget. Where to start? Here are a few geographical suggestions for you.

METRO

British Columbia

Dad can reminisce about his younger days spent building forts with a stay in one of Free Spirit Spheres' orb-like suspended cabins in the trees. Stays in these unique treehouses near Qualicum Bay on Vancouver Island start at \$155 a night. freespiritspheres.com

Alberta

Get your dad to unveil his inner dude with a cowboy experience. Alberta Country Vacation features a number of cattle drive packages taking place in July, August and September. Various costs. albertacountryvacation.com

Saskatchewan and Manitoba

Give Dad the chance to see one of the most majestic creatures on Earth: the beluga whale. A trip to Churchill, Man., may be pricey, but the look on Dad's face will be worth it.

For a list of tour providers, visit everythingchurchill.com.

Ontario

Is Dad a speed demon? Let him exercise his heavy foot on an actual racecourse.

The Canadian Tire Motorsport Park (canadiantiremotorsportpark.com) near Bowmanville, Ont., and the Bridgestone Racing Academy, race2000.com, in Toronto are among the courses offering lessons.

Quebec

Your father may be called the king of his castles, but he can be the king of an actual ice palace. It may be a few months away, but reserve his stay at the Hôtel de Glace in Quebec City (hoteldeglace-quebec.com), which is open each year between January and March. A special package is now on for \$179 until June 30.

Nova Scotia

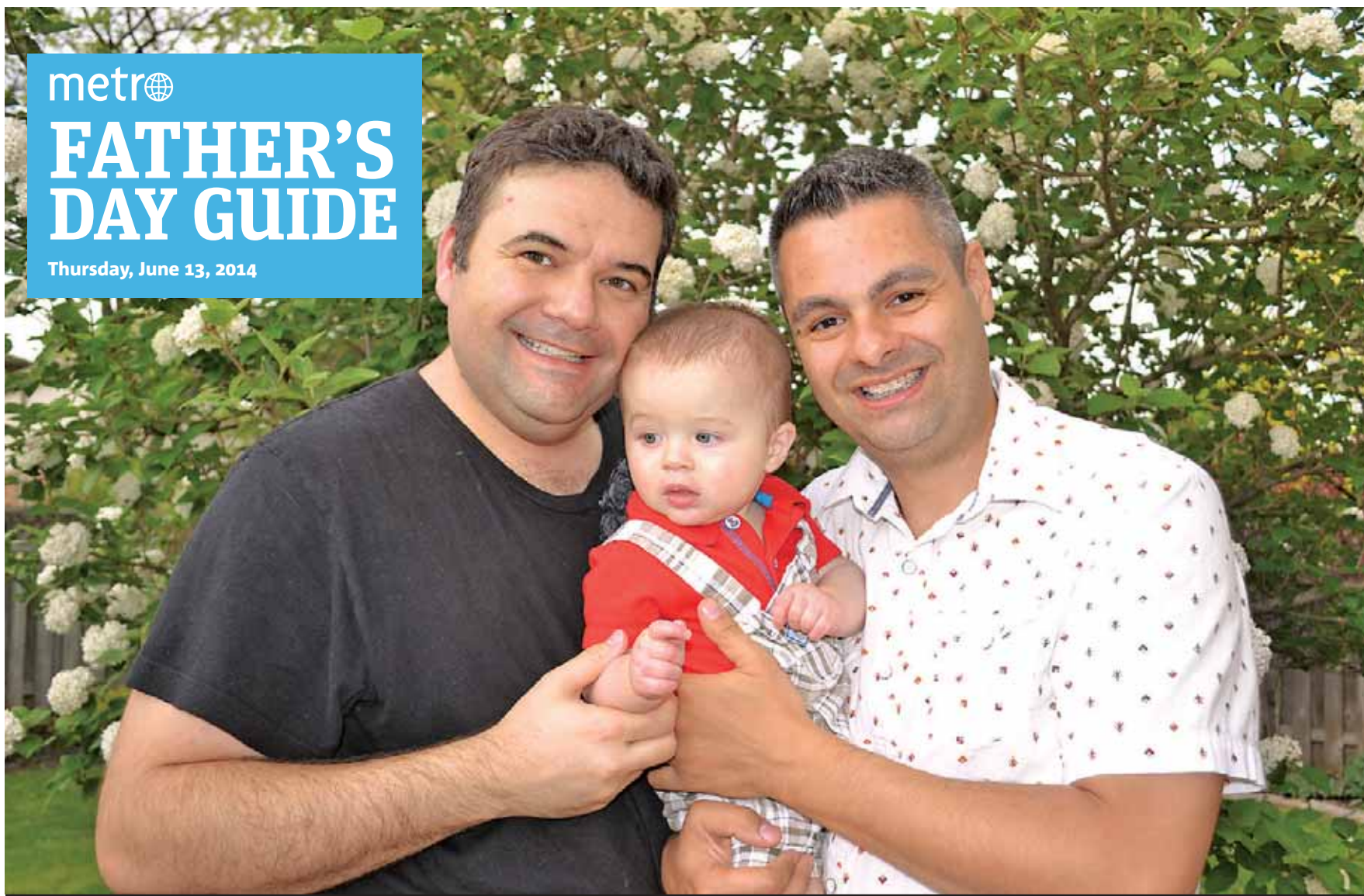
Guys don't dance? Oh, yes they do. Need proof? Watch a flamenco dancer powerfully take over a stage.

The Maria Osende Dance School in Halifax offers an eight-week beginner course (no partner required) ranging from \$99 to \$155. Mom may thank you the next time she takes Dad on the dance floor. mariaosende.com

metro

FATHER'S DAY GUIDE

Thursday, June 13, 2014



Frank Emanuele and Norm Furtado hold their son, Luca. The couple began their surrogacy journey years ago, and this year they are celebrating their first Father's Day. CONTRIBUTED

'I just realized, I am a dad now'

First Fathers' Day. London, Ont., couple shares trials and tribulations of finding a surrogate

KATE
RAE
For Metro

Frank Emanuele, a teacher in London, Ont., always knew one thing for sure: He wanted to be a dad. One of the hardest parts about coming out in his early 20s, though, was the realization that, as a gay man, that wouldn't happen easily.

"I told myself I could adopt, but still. I thought I would be doing it alone."

For Norm Furtado, a family physician, becoming a father was never on the horizon. "It just wasn't something I thought about. I was so career-focused, and becoming a parent just wasn't in the picture. In fact, in my 20s, I would say I was pretty anti-kids. I had just come out and was developing who I was."

But in a sushi restaurant in London on one of the couple's early dates in 2005, everything changed for both of them. "Frank basically said, 'Look, I am having kids. This is where the train is going,'" Furtado said. "And I don't know my exact words, but I said, 'Yeah. I could have kids with you.' It suddenly seemed possible." And the journey began.

Years of research, heart-break and baited breath followed as the couple navigated the complex world of surrogacy. Finally, they found their match online: Angela, a mother of four, who offered to be their "oven." Thanks to an egg donor and many tricky discussions and negotiations, the dream of becoming dads looked like it was finally going to become a reality.

Throughout the entire process, Furtado says, Emanuele had his eye on the prize the whole time, while he was more focused on the journey itself.

"I'm much more pragmatic," he says. "I was thinking about scheduling doctor's appointments and taking time off work. The process was really overwhelming. I wouldn't say I was excited, as much as I was anxious."

But as Angela's pregnancy progressed and hurdles were conquered, Furtado felt his anxiety waning and his excitement growing.

"I think before the baby came — when it was still theoretical — I only thought about parenting in terms of all of the extra work. But as soon as Angela started showing, I started thinking about other things, like school plays."

The labouring proved to be more complicated than with Angela's previous four

pregnancies, and both dads were stricken with worry. But Furtado's recollection of the moment when his son was born is sharply focused and awash with love for both his husband and baby.

"I watched Frank the whole time. I remember the look on his face. I remember the way his hands fell open to welcome our child. I didn't stop to think about what I was feeling. When the moment came to cut the cord, our plan had been to have Frank do it — I didn't want to take that moment from him. But he had his hands full with Luca. It's something I've done many times before as a doctor without even thinking about it. But this time ... Then Frank moved to a chair we'd set up so Luca could have skin-to-skin contact with him and when that floppy, wet baby was placed on his belly, I just realized, 'I am a dad now.'"

The dads' conversation before fatherhood

"Frank basically said, 'Look, I am having kids. This is where the train is going.' And I don't know my exact words, but I said, 'Yeah, I could have kids with you.' It suddenly seemed possible."

Norm Furtado

Now, eight months into fatherhood, the two dads are starting to talk about adding to their family and giving Luca a sibling. Both are besotted.

"I describe fatherhood as 'new heights of joy balanced with new depths of fatigue,'" says Furtado. "But at the end of the day, there is nothing more healing than playing with Luca and hearing him giggle."

"People talk about 'that moment' when you suddenly feel like a parent," Emanuele says.

"I never had that. The moment Luca was born, I was so ready. It was 'OK, here

we go.' Life is different, of course."

This Father's Day — their first as parents — will be spent at a cottage with their friends Emily and Andrea, a couple whose three-year-old daughter for whom Emanuele was the donor.

"I knew that I couldn't ask anyone to help me have a baby, if I wasn't willing to do the same for another family," Emanuele added. This year, the two couples and two kids will all celebrate Donor's Day and Father's Day together.

"We always say that we don't have a family tree," Emanuele says. "We have a family vine."

Go, go gadgets

Useful toys. Tech gifts range from a laptop to a robot that cleans your grill

MIKE YAWNEY
For Metro

Forget the neckties and fancy pens, technology is quickly becoming the go-to gift for dads on Father's Day. Here are a few of the most useful tech gadgets you can surprise dad with this year.

SONY SMARTBAND (\$99.99)

Perfect for dads with an active lifestyle, this activity tracker monitors your movements, as well as your sleep patterns. There are many trackers on the market, but what really sets this one apart is the fact that it tracks your entertainment, giving you an overall snapshot of your lifestyle right on your Android smartphone.

GRILLBOT (\$129.95)

Take the grunt work out of cleaning your grill. Set this small rechargeable robot on your BBQ and stand back as it gets to work scouring backed on residue. The brushes are dishwasher safe, which makes cleaning a breeze. Comes in a variety of colours.

MOPHIE SPACE PACK (\$149.95 AND UP)

The only case in the world which

not only protects your iPhone, it expands the available storage. The Mophie Space Pack adds an additional 16 or 32GB to your iPhone to store everything from music, photos, videos and files. The case also contains an internal battery to double the life of your iPhone.

HTC ONE M8 (\$699.99, NO CONTRACT)

This smartphone sports a sophisticated gun metal finish, perfect for dads who want style and performance. Dual front speakers provide an incredible audio experience, while the camera lets you focus on subjects after you snap the picture, allowing for truly creative photos.

MACBOOK AIR (\$999.99 AND UP)

There's a reason the MacBook Air remains a favourite amongst those on the go. This ultra-thin laptop weighs a mere 1.08 kilograms (just over two pounds)

yet it still has plenty of power. Apple recently updated the processor for added speed, plus it has a battery that will last up to 12 hours on a single charge.

PHILIPS VACUUM BEARD AND STUBBLE TRIMMER (\$49.99)

Help dad look his best. This unique beard trimmer has a built-in vacuum to collect trimmings, ensuring the bathroom sink stays nice and clean. The blades are maintenance free, and can be set to 18 different pre-set lengths.

PEBBLE STEEL SMARTWATCH (\$249)

The smartwatch that does much more than just tell time. With thousands of apps, you can get Pebble to control your music, track your activities, or notify you when your favourite team scores. On top of that, the metal and leather finish will look great on any dad's wrist.

GAME GOLF (\$259.95)

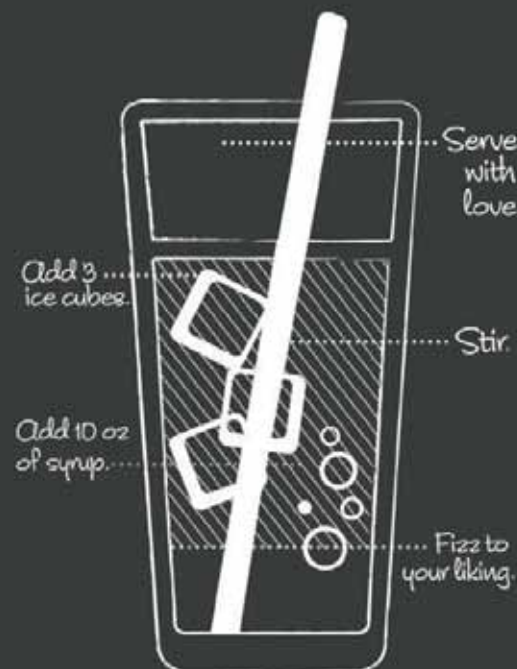
Help dad stay on top of his golf game. This system uses special Near Field Communication tags on each club to determine club usage, distance hit and putts per hole. Once you finish a round, you can track your overall performance right on your iPhone or brag about your progress online with family and friends.

BABOLAT 'PLAY PURE DRIVE' TENNIS RACQUET (\$450)

The world's first connected tennis racquet features sensors integrated into the handle to track power, where the ball hits the racquet head, along with other stats, rating your overall technique. The racquet works in unison with both Android and iOS devices.

Clockwise from bottom left: Babolat 'Play Pure Drive' tennis racquet, \$450; Mophie Space Pack, \$149.95; MacBook Air, \$999.99; Grillbot, \$129.95; HTC One M8, \$699.99; Sony Smartband, \$99.99; Philips Vacuum Beard and Stubble Trimmer, \$49.99; and Pebble Steel Smartwatch, \$249.

YOU'RE NO BARTENDER
but
YOU CAN MAKE
THE PERFECT COCKTAIL.



HAPPY FATHER'S DAY



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Robin Wright (left) and Cary Elwes star in *The Princess Bride*. HANDOUT



Bring back the '80s with this pre-teen hit, *The Goonies*. HANDOUT

Flicks for Father's Day

Screentime. Gather up the kids and take in classics from your time

CLAIRE GAGNÉ
For Metro

Looking for something other than *Frozen*? Round in the kids and cuddle up with one of these classics from your childhood.

ROBIN HOOD

What's not to love about a movie in which all the main characters are animals? In this 1973 Disney-animated film, Robin Hood is a sly fox; Maid Marian, the vixen; and Little John, a big cuddly bear. Although not considered one of Disney's hits — and the first film to be produced without Walt Disney's involvement, following his death in 1966 — do the kids really care about character depth and quality animation?

Ages 3 and up. Rated G.

THE MUPPET MOVIE (AND ITS SEQUELS)

If your kids liked Muppets Most Wanted (2014) or The Muppets (2011), introduce them to a little old-school Kermit. The original, called *The Muppet Movie*, came out in 1979 and sees Kermit the Frog



Gene Wilder (centre) stars in the 1971 classic, *Willy Wonka & the Chocolate Factory*. HANDOUT



Flash back and entice the kids with the original of classic sci-fi movie, *Star Wars*. THE ASSOCIATED PRESS PHOTO/20TH CENTURY-FOX FILM CORPORATION

journey across the U.S. to find fame in Hollywood, picking up new-found pals Miss Piggy, Fozzie Bear and others along the way. The *Great Muppet Caper* was released in 1981, while *Muppets Take Manhattan* came out in 1984.

Ages 5 and up. Rated G.

YELLOW SUBMARINE

You'll enjoy this 1968 Beatles movie for the music and your kids will love the animated, colourful, rambling adventure of the Beatles as they board the *Yellow Submarine* to travel to Pepperland and save it from the Blue Meanies, who have drained the underwater paradise of music and colour. Despite the psychedelic look of the animation and suggestions that songs such as "Lucy in the Sky with Diamonds" refer to drugs, there are no drugs or alcohol in this movie.

Ages 5 and up. Rated G.

WILLY WONKA AND THE CHOCOLATE FACTORY

Kids will cheer when poor boy Charlie is victorious at the end of this movie, based on the Roald Dahl classic book *Charlie and the Chocolate Factory*. There are some suspenseful scenes, but this 1971 version is less dark than the 2005 Tim Burton/Johnny Depp release.

It's worth it for the "fizzy lifting drink" scene alone, where Charlie and his grandfather begin to float after partaking, and have to burp themselves down to avoid getting sucked into a fan.

Ages 6 and up. Rated G.

STAR WARS

It's not like your kids haven't been begging you to watch it anyway. With *Star Wars* themed tableware, toothbrushes and board books, the characters and storylines of the two trilogies are entrenched in the imaginations of young kids today. Start with the original (*Episode IV: A New Hope*, 1977) and have a remote control handy to fast-forward through the scary parts.

Ages 7 and up. Rated PG (Warning: *Episode III: Revenge of the Sith* is rated PG 13).

E.T.: THE EXTRA-TERRESTRIAL

Who doesn't remember the heartwarming story of E.T., the alien who is left behind on earth by his fellow aliens and befriended by 10-year-old Elliott. Your kids will identify with Elliott and his comrades, and you'll be transported back to a time in your life when everything seemed simpler. Warning: You just might



Shed a tear (or five) with this woeful film, *E.T.* TORSTAR NEWS SERVICE

cry in front of your kids. Ages 7 and up. Rated PG.

THE PRINCESS BRIDE

Sooo many iconic lines: "Hello, my name is Inigo Montoya. You killed my father. Prepare to die." "Inconceivable!" The *Princess Bride* is a fairy-tale with something for everyone — "fencing, fighting, torture, revenge, giants, monsters, chases, escapes, true love and miracles." The young boy (Fred Savage, star of the iconic TV show, *The Wonder Years*), whose grandfather reads him the story, becomes enraptured by the story of good versus evil, friendship and sacrifice and so will your kids. Of note: *Princess Buttercup* is played by Robin Wright from *House of Cards*.

Ages 8 and up. Rated PG.

THE GOONIES

Ask a 30-something dad in Toronto what movie they remember liking as a kid, and *The Goonies* comes up time and time again. And it's no wonder — in this action-packed adventure film, a group of misfit kids sets off on a real-life pirate treasure hunt. Rumour has it *The Goonies II* is in the works, making this a perfect time to expose your tweens to the original.

Ages 9 and up. Rated PG.

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root beer.

Put 2 scoops.....
of Vanilla
ice cream.

HAPPY FATHER'S DAY



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Spoil dad on his special day

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These gifts will make dad the most immaculately preened man in the world

JANINE FALCON
For Metro

Jack Black Deep Dive Glycolic Facial Cleanser is ideal for oily skin as well as dry. Glycolic acid smooths, prevents clogged pores and evicts dry patches, too. \$20 at Hudson's Bay, Holt Renfrew and Sephora.



Clark & James Garconnière Cotton Soap Rope brings back that

soap-on-a-rope concept in a fresh, cool, planet-friendly way. \$16 via clarkandjamesco.com.

The Gillette Fusion ProGlide with FlexBall Technology is a next-level razor that smoothly navigates facial contours to deliver an ultra-close shave on the most sensitive skin. \$19.99 at drugstores and mass retailers.

The Blind Barber Shave Kit pairs rich Watermint Gin shave cream with a moisturizing Aftershave Soother. Stop by the popular East Village



barbershop and cocktail parlour on your next NYC trip. \$50 at 6ByGeeBeauty

Captain's Choice Original Bay Rum After-shave combines vintage and modern with a side of "aye-aye, matey" in an invigorating yet soothing natural brew. \$17.95 via men-essentials.ca.



Eminence Neroli Age Corrective Eye Serum, hydrates, softens and smooths under-eye skin. It was a hit with Fassbender and Jackman on the set of X-



Men: Days of Future Past. \$58. 1-888-747-6342 for retailers.

Clinique For Men Oil Control Mattifying Moisturizer feels light on skin and provides essential hydration as it tempers shine. \$31 at department stores, Sephora and Murale.



Imperial Barber Products Fiber Pomade adds light-



weight texture, subtle shine, and restyleability when the ball cap or motorcycle helmet comes off. \$24 via men-essentials.ca.



Hermès Terre d'Hermès Eau Tres Fraîche is a zesty, more airy version of the classic original, with a slight trail appropriate for low-scent-tolerance zones. \$124 at Hermès boutiques and Holt Renfrew.

Dolce & Gabbana Light Blue Light Blue Discover Vulcano bottles the balmy, sun-soaked mediterranean sea with vibrant splashes of Italian lemon and zesty ginger. From \$77 at Holt Renfrew, Hudson's Bay, Shoppers Drug Mart, Jean Coutu and Sephora.



Left to right: Jack Black Deep Dive Glycolic Facial Cleanser, \$20; The Blind Barber Shave Kit, \$50; Hermès Terre d'Hermès Eau Tres Fraîche, \$124; Eminence Neroli Age Corrective Eye Serum, \$58; Clark & James Garconnière Cotton Soap Rope, \$16; Captain's Choice Original Bay Rum Aftershave, \$19.99; Clinique For Men Oil Control Mattifying Moisturizer, \$31; Dolce & Gabbana Light Blue Light Blue Discover Vulcano, \$77; Imperial Barber Products Fiber Pomade, \$24; The Gillette Fusion ProGlide with FlexBall Technology, \$19.99.



Get creative. Don't want to give a generic gift?

Thoughtful. Getting away from the typical, tangible gift can be as simple as personalizing a tie or writing a poem, says dad bloggers

This year, you'd really prefer to bypass giving a tie. And the gardening tools. Instead, get creative for Father's Day and be inspired with these fresh takes on gifts to celebrate dad.

IF YOU INSIST ON A TIE...
"For Father's Day a few years

ago my wife bought a blank tie and let the kids scribble all over it," says Mike Reynolds, a dad blogger with puzzlingposts.com. "If a tie is to be bought, make sure the kids have a role in it. I love my tie!"

PICK UP LEGO... "I've got an affinity to all things Lord of the Rings and The Hobbit, so I've built a few sets with my oldest daughter and both of us have a blast doing it," says Reynolds. "It's a good way to extend the fun beyond just receiving the gift and into doing something."

CONSIDER A PHOTO FRAME... and have the kids decorate it. "That way the kids

What is dad's special hobby? If it is aerospace, Nanoblocks are a great gift for Father's Day.
CONTRIBUTED



How to choose

Not sure what to do? "When you're looking for a gift, focus on the relationship with that person," says Shetty. "No matter who it is, it's really about that individual person. So let that guide you rather than the store you go to dictate the gift."

can personalize it and you can put in a picture that's important to you," suggests Ricky Shetty, a dad blogger at daddyllogger.com.

TAKE TO THE PAGE... "Have kids write their own stories to give to dad. I write stories with my girls all the



Dad blogger Mike Reynolds says let your kids contribute their creativity to a Father's Day gift. CONTRIBUTED

time and every time they come up with a new idea, no matter how crazy it is, I fall in love with their stories," Reynolds says. "Once they're done you have a story to read with the kids whenever you'd like."

THINK OF EXPERIENCES... over giving dad a tangible

gift. "What does your dad like to do? If he likes sports, then take him to a local sport event, or if he enjoys movies, take him out that night to see something," says Shetty. "Time-based gifts are also important—this way you can spend time with your dad."

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Enviro Dad blogger, Eric Novak, of Ajax, Ont., and his children share time together, creating a big splash in their backyard pool. CONTRIBUTED

Celebrate dad differently

Memories. Father's Day may mean finding a new way to honour or remember your loved one

ASTRID
VAN DEN BROEK
For Metro

Perhaps you don't have a father in your life, but you do have an uncle who helped raise you. Or maybe, sadly, this is the first year spent without dad by your side. When it comes to celebrating Father's Day this year, who says it has to be a dads-only event? Here are some tips to toast dads-of-all-stripes, whether they're with you, in-person, or not.

Think about a donation
Looking for a way to honour your father? Perhaps make a

donation to his favourite charity in his memory or plant a tree either in your yard or in a memorial forest. Or, if your father lived with a chronic illness, consider raising money and running a race in his memory, while supporting a good cause.

Take in an experience
Try reliving an experience with your beloved relative. "Growing up, for many years my father was never in my life," says Eric Novak, blogger and editor of envirodad.com. "I had a Big Brother through the United Way and an uncle who filled in those roles. And for my

Be creative

When celebrating a unique father-figure in your life, dad blogger Ricky Shetty, a blogger with daddyblogger.com, suggests to keep your mind open. "Think of these three tips: the more personalized the better, the more creative the better, the more unique the better," says Shetty.

Big Brother and me, our favourite thing was to go to Exhibition Stadium and sit in the grandstands and eat steamed foot-long hot dogs."

Write a letter

This applies to someone who is still in your life, or who

has passed away. Take a bit of time to put together a letter outlining how much you appreciate them in your life and thanking them for what they've done for you. And if your father has died, don't be afraid to purchase a Father's Day card and slip it in the same envelope.

Do what feels right

The website, ourhousegrief.org — the site for the California-based Our House Grief Support Center — suggests doing something tangible to remind yourself of your parent who's long gone. Think of tapping into those memories through your senses by taking a whiff of dad's favourite cologne or ordering and devouring his favourite pizza.

Campaign. Dads speak out for their daughters

Renowned Canadian dads — from political leaders and philanthropists to musicians and sports coaches — are uniting for their daughters, backing a global initiative, Fathers Empowering Daughters. It launched Wednesday by G(irls)20 — a summit mobilizing girls around the world to become the next leaders.

The campaign celebrates the powerful force fathers can play in the advancement of their

daughters, calling on dads to showcase how they've helped their daughters succeed, while encouraging daughters to tell stories about their fathers empowering them. Stories are being shared in self-recorded videos, with kick-offs from the likes of Richard Branson, Ziauddin Yousafzai (Malala's father), Chelsea Clinton and Shakira.

Those high-profile Canadians dads taking part include Prime Minister Stephen Harper,

Liberal leader, Justin Trudeau, musician Sam Roberts, Blue Rodeo frontman Jim Cuddy, producer and composer David Foster and B.C. Lions coach, Wally Buono. Even the campaign's theme song — Little B — has a Canadian touch, co-written by songstress Sarah McLachlan and philanthropist and businessman Frank Guistra.

"This campaign engages men in a unique, personal and meaningful way," said Farah

Mohamed, CEO of G(irls)20. "Fathers can play an important role in encouraging daughters to realize their dreams, no matter how big or small, and this Father's Day we celebrate that."

The initiative is in run-up to the G20 this August, where G(irls)20 will address how to economically engage and empower girls and women around the world to achieve their goals. Visit fathersempoweringdaughters.org. **METRO**

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Rangers goalie Henrik Lundqvist blocks a shot by Kings centre Jeff Carter on Wednesday in New York. FRANK FRANKLIN II/THE ASSOCIATED PRESS

Lundqvist silences Kings, critics to keep N.Y. alive

Stanley Cup final.
Rangers goalie makes 40 saves in another clutch performance

Mark Messier got his cameo on the Madison Square Garden video screens early in Game 4 of the Stanley Cup final, and used it to hold four fingers in the air to signify the four victories in a row the New York Rangers needed.

Celebrities Michael J. Fox and John McEnroe followed. By the end of Wednesday night

Game 4	
2	1
Rangers	Kings

that number was three after Henrik Lundqvist willed the Rangers to a 2-1 victory over the Kings to stave off elimination and send the series back to Los Angeles for Game 5.

Lundqvist made 40 saves, including every single one in a

third period that included just one shot for the Rangers, who spent more than half the game clinging to a one-goal lead. The entire time "The King" was brilliant, continuing his spectacular play in elimination games at home.

"Elimination games we need (Lundqvist) to be at his best," said Rangers forward Rick Nash.

Going into Game 4, Lundqvist had won seven straight in that situation with a 0.98 goals-against average and .967 save percentage. Stopping 40 of the 41 shots he faced helped him keep the streak alive.

Benoit Pouliot and Martin St. Louis scored for the Rangers. Captain Dustin Brown was the only Kings player able to beat Lundqvist.

At the other end, Jonathan Quick, who was the biggest reason Los Angeles had a three games to none lead in the series, finished with 17 saves in just his second NHL game at the Garden.

Incredibly, the Kings came centimetres from tying the score with 1:11 left. The puck got behind Lundqvist and ground to a halt in the snow just in front of the goal-line.

THE CANADIAN PRESS

CFL labour dispute

League, players to vote on new deal

The CFL and its players will conduct their ratification votes on a new labour deal later this week.

Independent league sources requesting anonymity say the players will vote Thursday while the CFL's board of governors will do so Friday.

The CFL and CFL Players' Association agreed to a five-year contract Saturday. However, many players have spoken out against the new deal which calls for a \$5-million salary cap, well below the CFLPA's opening demand of \$6.24 million.

The CFL also got a major concession from the union on the gross revenue formula that would trigger the renegotiation of the cap or entire collective agreement.

THE CANADIAN PRESS

NHL

Sens GM open to dealing Spezza

Jason Spezza has requested a trade, and Ottawa Senators general manager Bryan Murray says he'll try to make that happen.

"I don't want to trade the guy, really, and I know I won't get the value, in all likelihood that I should get for him," Murray said Wednesday after the NHL general managers meeting. "But I think that Jason feels maybe there's a change that he would like to have happen, and if that's the case we'll try to do what we can."

Spezza has one year left on his contract at a salary of \$4 million US.

THE CANADIAN PRESS



Danny Green of the Spurs goes to the basket against Chris Bosh of the Heat during Game 3 of the NBA Finals on Tuesday in Miami. Scan the image with your Metro News app to find out the origins of players on one of the most culturally diverse teams in the NBA, the Spurs. ANDY LYONS/GETTY IMAGES

Miami coach forces Heat to relive Game 3 blowout

LeBron James has learned an important lesson during his journey from 19-year-old rookie to two-time NBA champion: Never talk back to the coach during a film session.

"Let him make his point, whether he's right or wrong, and you live with it and move on," James said.

Especially when the coach has as much to show his players as Erik Spoelstra did to James and the Miami Heat on Wednesday.

Miami's defence didn't of-

TV numbers

14.9M

The NBA Finals is averaging 14,921,000 viewers per game.

fer much resistance early in Game 3 of the NBA Finals; the San Antonio Spurs played like they were on the court by themselves. San Antonio made 19 of its first 21 shots and shot a finals-record 75.8 per cent in the first half of a 111-92 victory.

Just like last year, Game 3 was a blowout that left the Heat facing a 2-1 deficit. Miami came back to win the series, so nobody was overreacting to what happened Tuesday, especially since the Spurs themselves don't expect to shoot that way again. But the Heat have things to clean up before Game 4 on Thursday, or they risk going back to San Antonio facing the end of their title reign.

"For us, we have to make the adjustments," James said.

THE ASSOCIATED PRESS

Canadian fans gear up for World Cup

Waving flags. Soccer souvenir business booming for Toronto's Saleh Bros.

Zam Zam Saleh likes to mess with his customers, and when they're as passionate as the soccer fans he meets by

the hundreds every day, it's pretty easy to do.

"Fanatics ... sometimes when someone asks for an Italian flag, I'll reach for a Portuguese one instead," Saleh says with a devilish laugh.

Saleh and his brother Hussein, who were born and raised in Iraq, have set up their soccer souvenir stand in western Toronto for every

major international tournament for almost 20 years.

The big bright flags flap in the wind, and lick at the cars driving by. It's a one-stop shopping for soccer fans. There are balls and car flags and full national team kits. Thirty-five dollars will get you a car hood cover in your country's flag.

Canada, of course, isn't

in the 2014 FIFA World Cup, which kicks off Thursday in Brazil. Canada has made just one World Cup appearance, in 1986 in Mexico City.

But that hasn't stopped Canadian soccer fans from gearing up for the sport's biggest party, which runs for five weeks culminating in the final on July 13 — especially in Toronto, one of the world's

most multicultural cities. Statistics Canada reported in 2011 that 48.6 per cent of Toronto residents are foreign-born.

Iraq also isn't in the World Cup, so Saleh cheers "mostly for Portugal, because of the neighbourhood (in which he lives and works)."

With the World Cup kicking off in Brazil on Thursday,

business is booming. Hussein, who runs the outdoor soccer shop, is getting as many as 700 customers a day and barely has time to pause and talk between restocking the car flags. Saleh runs their second store, inside the nearby Galleria Shopping Centre, and by lunchtime on a weekday, he's already seen 140 customers.

THE CANADIAN PRESS



Final pre-tournament stretch

South Korean national soccer team players stretch during a training session in Foz do Iguaçu, Brazil, on Wednesday. South Korea plays in Group H of the World Cup and gets its first taste of action on Tuesday against Russia. LEE JIN-MAN/THE ASSOCIATED PRESS

A tidy sum. FIFA's paid bonuses total \$200M

FIFA plans to pay out \$200 million in total bonuses to its national members and confederations from its World Cup revenue of an estimated \$4.5 billion.

Each of the 209 member countries will get \$250,000 this month and should get a further \$500,000 early next year, FIFA's finance director Markus Kattner told the governing body's congress Wednesday.

The six continental bodies will get \$2.5 million this month and \$4.5 million more next year.

The planned bonuses represent a \$200,000 raise from the payments made after the 2010 World Cup, when each FIFA member got a total of \$550,000. Then, the six confederations received a total of \$5 million each.

FIFA expects improved revenue of \$4.5 billion for the four-year commercial cycle tied to the 2014 World Cup. It had budgeted to earn \$3.8 billion.

FIFA's reserve fund is currently more than \$1.4 billion.

THE ASSOCIATED PRESS

Ontario zebra

Canadian ref ready for big-time scrutiny

Joe Fletcher knows there is nowhere for him to hide in Brazil.

As an assistant referee at the World Cup, every decision the 37-year-old chartered accountant from

St. Catharines, Ont., makes will come under scrutiny.

It's soccer's biggest stage, before its biggest audience and will unfold before a plethora of cameras.

Fletcher has already officiated at the 2013 FIFA Club World Cup, the 2012 Olympics and the 2011 FIFA U-20 World Cup, among other tournaments.

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0 or less available on select new 2014 models through participating dealers to qualified customers who take delivery by June 30, 2014. Dealers may sell or lease for less. Some conditions apply. See dealer for complete details. All offers are subject to change without notice. Vehicles shown may include optional accessories and upgrades available at extra cost. All pricing includes delivery and destination fees up to \$1,265, other fees and certain levies (including life levies) and \$100 A/C charge (where applicable) and excludes financing, registration, insurance, other taxes and variable dealer administration fees (up to \$699). Other dealer charges may be required at the time of purchase. 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World Cup. FIFA reports high sales, but highest-priced tickets and some games still on offer

Tickets remain available for more than 15 World Cup matches just a day before the tournament opener, including some involving Germany, Italy and France.

FIFA said it already sold more than 2.9 million tickets, but some were still on sale Wednesday.

There were plenty of tickets for matches between less-prominent nations, including Bosnia-Iran and Greece-Ivory Coast, but it was also still possible to attend games with some of the more traditional teams. Fans could still get tickets on FIFA's website for matches such as Germany-Ghana, Switzerland-France and Italy-Uruguay.

Only tickets for the highest-priced categories remained available for the better matches.

FIFA said last week that

Ticket sales

FIFA has estimates it will sell a total of 3.1 million tickets to 2014 World Cup games. Of those sold so far:

- 60 per cent to Brazilians
- 197,000 to Americans
- 2.2 million sold directly via FIFA.com

nearly 1,400 people were told to change their tickets because they were handed out before work in some of the stadiums was completed. It said seating configurations changed after technical teams established exactly where the media tribunes and broadcast equipment had to be placed in each of the 12 venues. **THE ASSOCIATED PRESS**

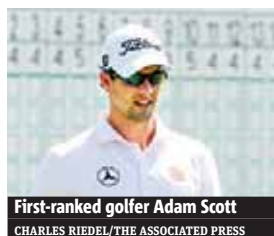
'Patience will be tested.' Adam Scott prepares for his worst tournament

Adam Scott is trying to build a golf game that can travel to any golf course in the world for any tournament.

He can only hope it knows the way to Pinehurst No. 2. Or any U.S. Open course, for that matter.

Scott goes into this U.S. Open as one of the favourites because of his game, his form and his world ranking. The Australian didn't reach No. 1 in the world by accident. He has won six times around the world in the last two years and thrived in the majors.

He won the Masters last year for his first major. He could easily have won the last two U.S. Opens. He was in the hunt at the PGA Champion-



First-ranked golfer Adam Scott
CHARLES RIEDEL/THE ASSOCIATED PRESS

ship last year at Oak Hill.

But Scott hasn't broken 70 at the U.S. Open in five years. He has missed the cut as often as he has made it — six times each. And in those six times he completed 72 holes, he has yet to finish under par. His best performance was a tie for 15th. **THE ASSOCIATED PRESS**

L.A. Clippers sale

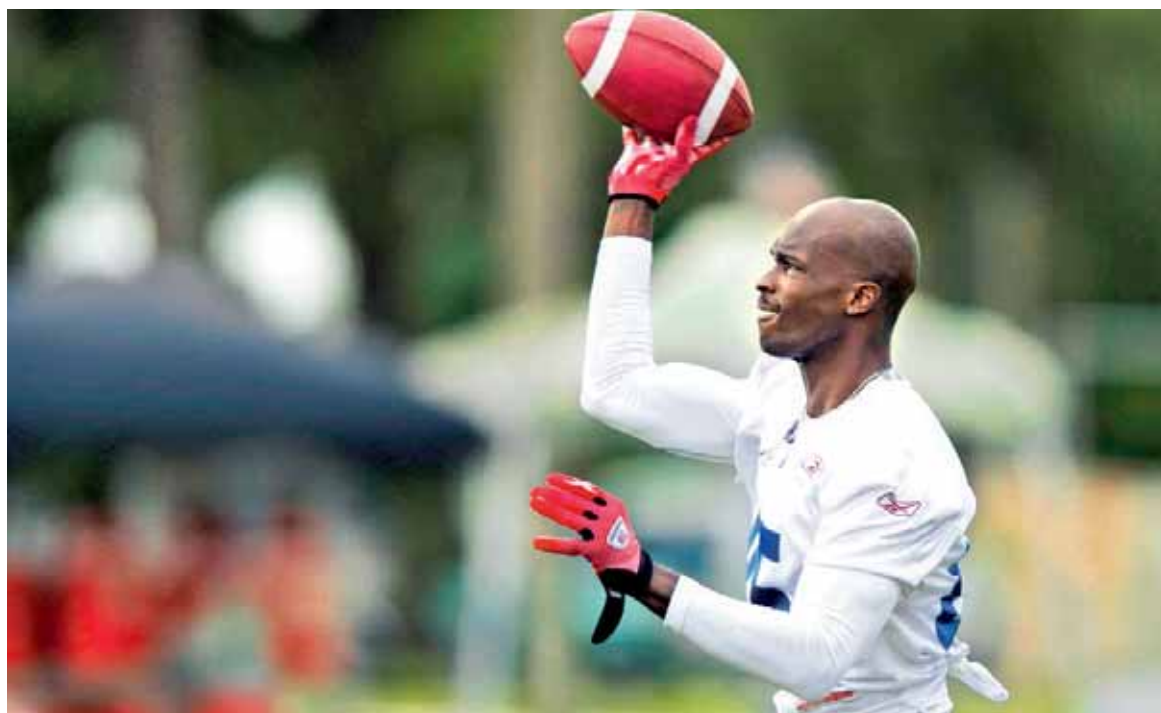
Sterling mentally incompetent, says wife's lawyer

A trial will be held next month to determine whether Donald Sterling, who opposes his estranged wife's planned sale of the Los Angeles Clippers, was properly removed as an administrator for the family

trust that owns the team.

An attorney for Sherry Sterling went to probate court Wednesday to request a trial to confirm that as sole trustee she can proceed with the \$2-billion sale to former Microsoft CEO Steve Ballmer.

Her lawyer, Pierce O'Donnell, said three doctors have filed reports saying Donald Sterling lacks the mental capacity to be a trustee. **THE ASSOCIATED PRESS**



Chad Johnson works out during minicamp with the Alouettes in Vero Beach, Fla., on April 15. SAM WOLFE/SCRIPPS TREASURE COAST NEWSPAPERS/THE ASSOCIATED PRESS

Former NFLer calls out Riders' safety

CFL. Chad Johnson and Tyron Brackenridge start a war of words on social media

Getting called out by former NFL star receiver Chad Johnson provided a welcome break from the monotony of training camp for Tyron Brackenridge.

Johnson, now with the Montreal Alouettes, took aim at the Saskatchewan Roughriders safety Tuesday on Twitter. Brackenridge was still chuck-

ling about it Wednesday.

"Was it entertaining?" Brackenridge asked with a laugh during a telephone interview. "I had fun with it."

"When you're dealing with the pressure of training camp, these two-a-days and meetings, it's good to have a little laugh here and there. He felt like I was the one he wanted to call out; I just entertained his antics."

It began innocently enough on Twitter when a fan asked Johnson, a popular social media figure with 3.6 million followers, which team was he most looking forward to facing this

One to keep your eye on

The six-foot, 190-pound Tyron Brackenridge was a league all-star last year and voted the CFL's hardest hitter by his peers.

season.

"#41 from the Rough Riders," Johnson tweeted, referencing Brackenridge.

After Brackenridge said, "Can't wait!" Johnson turned up the heat, tweeting: "I will run through you or around you,

whichever you prefer."

Brackenridge responded: "your cfl career will be short messing with me! You better ask your teammates or better yet find out for yourself."

Johnson countered: "They speak highly of you but you'll be dealt with."

Added Brackenridge, "they speak highly of me for a reason. It's a thin line between tough & stupid. If your not looking for #41 you'll regret it."

Saskatchewan opens its season hosting Hamilton on June 29. Montreal visits the Riders Aug. 16. **THE CANADIAN PRESS**

Blue Jays suddenly grounded

The Toronto Blue Jays want to put a couple of series losses behind them as they head out for a 10-game road trip that should give them a good idea of whether they're actually ready to be a contender in the American League East.

Toronto dropped a 7-2 decision to the Minnesota Twins on Wednesday afternoon, with only a pair of late runs preventing a second straight shutout loss.

Josh Willingham belted a two-run homer in the first inning and Kendrys Morales

hit a bases-clearing double in the seventh as the Twins took the rubber game of the three-game series. Twins starter Phil Hughes (7-2) struck out nine and allowed seven hits over seven shutout innings.

With the loss, Toronto's lead atop the division standings fell to five games over Baltimore and New York. The Orioles were home to Boston on Wednesday night while the Yankees were in Seattle.

The Blue Jays will play Baltimore and New York next week. **THE CANADIAN PRESS**



The Blue Jays' Jose Bautista hits an RBI double against the Minnesota Twins in Toronto on Wednesday. NATHAN DENETTE/THE CANADIAN PRESS

Horoscopes

Aries

March 21 - April 20

You may be doing well financially but there is a danger you will take one risk too many and undo much of the good work you have done in recent weeks. Self-belief is great but too much can be self-defeating.

Taurus

April 21 - May 21

The planets warn you may do something so out of character today or tomorrow that even those who know you could lose will be shocked. Hopefully it won't damage your reputation.

Gemini

May 22 - June 21

Jupiter in the main financial area of your chart suggests you could come into money today but it also warns you could lose it as quickly as it arrives. Don't let rivals play on your greed.

Cancer

June 22 - July 23

A friend will offer you great advice but because it isn't what you were hoping to hear, you may ignore it. Almost certainly tomorrow's full moon will make sure you regret it, so don't let your ego get in the way of facts.

Leo

July 24 - Aug. 23

You may be tempted to push yourself both physically and mentally, but is that such a good idea? You are already moving fast and living close to the edge. One wrong step could send you over the precipice.

Virgo

Aug. 24 - Sept. 23

If you want to get the most from the day focus your energy in a single direction and put less important matters on the back burner for a while. If you crave success you have to be ruthless.

Libra

Sept. 24 - Oct. 23

You are attaching too much importance to issues that only a few days ago would have meant nothing. Why that should be is impossible to say but you need to ease up a bit.

Scorpio

Oct. 24 - Nov. 22

The approaching full moon warns your big ideas need to be brought down to earth. Inject some reality into your thinking over the next few days. You won't get rich on dreams alone.

Sagittarius

Nov. 23 - Dec. 21

A lot of good things have been happening but tomorrow's full moon in your sign will confront you with an issue that is unlikely to have a happy ending. Decide what's best for you and those you love, then act accordingly.

Capricorn

Dec. 22 - Jan. 20

There is a danger that you will start believing that nothing bad can happen. That kind of thinking is guaranteed to set off a cosmic chain of events designed to remind you that few things are written in stone.

Aquarius

Jan. 21 - Feb. 19

Don't let anyone tell you that you do not deserve your good fortune, because luck has nothing to do with it. The fact is you deserve every good thing now coming your way.

Pisces

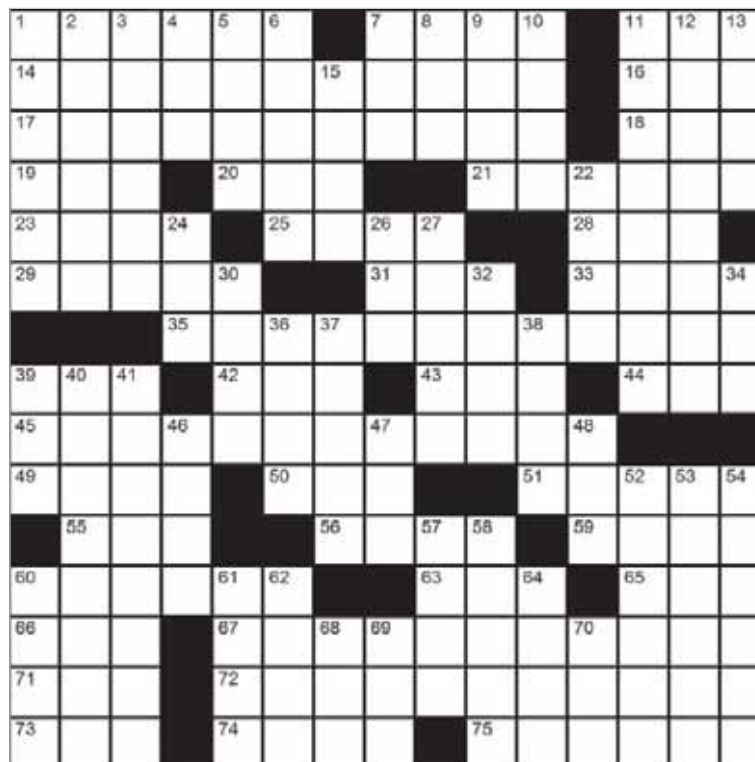
Feb. 20 - March 20

There are a lot of things going on behind the scenes and with tomorrow's new moon you could find yourself involved in plots and conspiracies. Make a point of taking none of it too seriously. **SALLY BROMPTON**

Crossword: Canada Across and Down

Across

1. Reversible patterned fabric
7. Poetic foot
11. Utah's cap.
14. June 12th, 2014 in Ontario this year: 2 wds.
16. Golf club part
17. Hits for this Canadian band include a cover of The Rolling Stones song at #35-Across
18. Ms. Landers
19. Beatles: "___ Mine"
20. Eastern prov.
21. Become soggy: 2 wds.
23. Survive
25. Saturate
28. '___' in Edmonton
29. Loosen
31. Mr. Howard
33. City haze
35. As per #17-Across, it goes: "Down to me, the change has come...": 3 wds.
39. Panda symbol org.
42. Mr. Knotts
43. Honey maker
44. Parisian possessive
45. Nova Scotia: Eglise Sainte-Marie is North America's largest what?: 2 wds.
49. 'Switch' suffix
50. Blinker
51. Emcees
55. Mil. titles



56. Millennium divs.
59. "Magnum, P.I." setting
60. Swedish tennis great Stefan
63. Old high note
65. Mai ___ (Cocktail)
66. Here: Spanish
67. Tailoring tasks

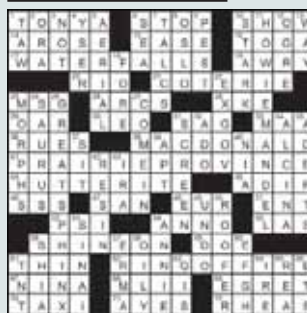
71. ___-de-sac
72. Songbirds listed as 'Threatened' on Ontario's Species at Risk list, Eastern ___
73. Monogram of the horror author (b.1890 - d.1937) who created the monster Cthulhu

74. Fasteners
75. Actor Gary **Down**
1. "I Love Lucy", A ___ Production
2. Director Robert
3. "Not the ___ hint of a..."
4. High card

See today's answers at metronews.ca/answers.
BY KELLY ANN BUCHANAN

12. Elvis: "Are You ___ Tonight?"
13. Penny
15. "Love Rollercoaster" by The ___ Players
22. Musician/radio personality John
24. Ancient war god
26. Coming-in-plane, e.g.
27. Dried seaweed
30. Michael ___ (The Neverending Story author)
32. Big Apple denizen
34. Theatrical monogram
36. Exhausted
37. Britannica, e.g.
38. ___-savvy
39. Vince McMahon's org.
40. 2014 FIFA ___ Brazil
41. As per #40-Down, the second 'F' of FIFA
46. Amount of medicine
47. "___ Haw"
48. Owl's chirp
52. Enlightenment, in Zen Buddhism
53. "I appreciate that"
54. Geneva's country, in French
57. Roman ruler
58. Deli side orders
60. Per
61. Highway exit
62. Hilarity
64. Mythical Hun king
68. Identify
69. Mr. Begley Jr.'s
70. Singer Janis

Yesterday's Crossword



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku

6	5	7	2	8	1	9	4	3
3	2	1	4	9	5	6	7	8
8	9	4	3	7	6	1	2	5
2	8	5	6	4	7	3	1	9
7	6	9	1	5	3	4	8	2
1	4	3	8	2	9	7	5	6
5	3	8	9	1	4	2	6	7
9	1	2	7	6	8	5	3	4
4	7	6	5	3	2	8	9	1

6		1		5				
			4				8	
	5			2		7		
9		3	6		2	5		
	7						9	
		4	7		9	3		2
		5		8			2	
	3				1			
				7		8		3

Weather

TODAY

FRIDAY

SATURDAY



MAX: 21°
MIN: 10°



MAX: 18°
MIN: 11°



MAX: 21°
MIN: 6°



MICHELE MCDUGALL
WEATHER SPECIALIST

"My favourite part is reporting the weather. It fascinates me, and as we know around here, it's always changing, keeping forecasters on their toes" **WEEKDAYS 5:30 AM**



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Lease APR	Lease Term	Down Payment	Lease Payment
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[†]Taxes extra.

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TOTAL PRICE¹: \$64,040**

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60 Months	39 Months	\$9,077* Down

[†]Taxes extra.



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